

**DEAR PARENT/GUARDIAN:** Welcome to Summer School Academy 2023! In this issue, the School District of the Menomonie Area and Menomonie Recreation Department are proud to collaboratively offer you a wide variety of summer options.

#### **Summer Academy 2023 Dates**

**Session 1:** (3 Weeks) Monday - Thursday 8:00 a.m. - 1:00 p.m. June 12, 13, 14, 15 | June 19, 20, 21, 22 | June 26, 27, 28, 29

#### THERE WILL BE NO SCHOOL THE WEEK OF JULY 3 - 7, 2023

Session 2: (3 Weeks) Monday - Thursday 8:00 a.m. - 1:00 p.m. July 10, 11, 12, 13 | July 17, 18, 19, 20 | July 24, 25, 26, 27

Friday Fun Days: June 16, 23, & 30, 2023 | 8:30 a.m. - 1:00 p.m.

#### **Summer Camp Date**

Art Camp will be held at River Heights Elementary Monday through Friday from 8:00 a.m. - 1:00 p.m. and is available for students entering grades 1-6.

Fine Arts Camp: July 31 - August 4, 2023

**MENOMONIE HIGH SCHOOL SCHEDULE:** Period 1: 8:00 a.m.-9:00 a.m., Period 2: 9:05 a.m.-10:05 a.m., Period 3: 10:10 a.m.-11:10 a.m., Period 4: 11:15 a.m.-1:00 p.m. Period 4 includes Lunch and Learn which is an opportunity for staff to visit with their students and discuss table manners, friendship, and healthy eating habits.

RIVER HEIGHTS SCHEDULE: Classes will be held from 8:00 a.m. - 1:00 p.m. daily.

REGISTRATION/DEADLINES/FEES: Online registration will begin at noon on Monday, April 3, 2023, and will be completed by going to our district's website: www.sdmaonline.com. You will need your family access username and password to complete your registration. If you have not used family access, please call Morgan Seguin, 715-232-1816 or Marinella Lee 715-232-1642, ext. 11331, to get your family access set-up. Email addresses will be required to complete online registration for summer school 2023. Here are some FREE options to help set-up a personal email address: Gmail.com/Yahoo/Outlook. Online registration must be completed by Thursday, May 18, 2023 at 4:00 p.m. Registrations for all classes are on a first-come, first-served basis. Late registrations can be made in person by coming to the Administrative Service Center, 215 Pine Avenue East, Menomonie beginning on Tuesday, May 30 and ending June 8, 2023, during the hours of 7:30 a.m. to 4:30 p.m. Registration is required prior to attendance. Please do not send your child to summer programming without enrolling your child via online enrollment. Contact information, health/medical updates, bus reservation, and class choices all need to be finalized before we place students in classes. There are no registration fees for summer school.

**SUMMER FOOD SERVICE PROGRAM:** Anyone 18 years or younger is eligible for a FREE breakfast and lunch at either Menomonie High School or River Heights Elementary. See page 44 for details.

SUMMER SCHOOL QUESTIONS: Contact John Samb, Summer School Coordinator at 715-23-2606, ext. 41015 or john\_samb@msd. k12.wi.us.

SCHEDULING QUESTIONS: Contact Carla Klingfus at the Administrative Service Center at 715-232-1642, ext. 11066.

### Menomonie Recreation Department

- Online registrations will be accepted for classes offered only by the Menomonie Recreation Department. Click onto our website at www.menomonie-wi.gov go to government tab, City Departments, Parks and Recreation, then online registration to register or set-up an account if needed. To learn other ways to register check out the "How to Register" section in this brochure
- Registrations will be taken for the Recreation Programs until classes fill Class sizes limited so don't delay.

#### Please read registration carefully - if you have any questions call 715-232-1664



The School District of the Menomonie Area and the Menomonie Recreation Department are in partnership with each other to offer a wide range of Summer School programs to your family. Wherever the icon appears is an indication that the program could be used as a block scheduling choice as listed on pages 28-42 in the Summer Brochure.

The City of Menomonie Recreation Department is pleased to offer you another exciting summer with fun programs and recreation opportunities. As you will see in the table of contents, we offer a variety of sports programs, enrichment classes, aquatic programs, and more.

**Mitch Stai** 

John Samb

City of Menomonie Recreation Manager

School District of Menomonie Area Summer Academy Coordinator

## Parks & Recreation Department Advisory Board Members

Josh Risler | Sherry Gibbs | Jodi Pabich | Karla Kieffer Rory Fedderson | Jen Harris | Linda Bark

The Parks and Recreation Advisory Board meeting the second Monday of each month at 7:00p.m. at the Leisure Services Center. The purpose of the Board is to make recommendations in programs and policies to the Recreation Department and the City Council. Citizens may appear at any meeting and speak to the Board during the public comments portion of the agenda, or may request to be placed on the agenda. Requests to be on the agenda must be done in writing at least one week prior to the monthly meeting.

## City Council Representatives

Lucas Chase	Ward 1
Penny Burstad	Ward 2
Eric Sutherland	
Gretchen Yonko	Ward 4
Kelly McCullough	Ward 5
Leland Schwebs	Ward 6
Vacant	Ward 7
Mary Solberg, President	Ward 8
Chad Schlough	Ward 9
Ryland Erdman	Ward 10
Randy Summerfeld	Ward 11
Randy Knaack	Mayor

The City Council meets the first and third Mondays at 7:00p.m. at City Hall, 800 Wilson Avenue. Contact the City Administrator for information on the City Council.

## Department Goals

- l. Maintain effective relationships with the community via the Parks and Recreation Advisory Board and City Council.
- 2. Be involved in planning for community recreation needs of today and the future.
- 3. Provide innovative organizational approaches in providing services.
- 4. Provide qualified and professional staff to direct, supervise, and lead programs.
- 5. Operated the department in the most efficient and economical manner possible.
- 6. To provide the best balance between the various types of programs so as to provide activities which are of interest to the population.
- 7. Make every effort to ensure that facilities and parks are acquired, built, and used in a planned and systematic manner.
- 8. Provide safe programs and facilities for all residents.

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#### Mission Statement

The mission of the Menomonie Recreation

Department is to be a leading provider or facilitator
of high quality recreation service, programs and
facilities that will improve the quality of life for the
citizens of Menomonie.

#### **Learn-to-Swim Course Levels**

#### Parent-Child Toddler (Ages 1-2 Years)

<u>Skills Include:</u> Water adjustment, breath control, supported floats on front and back, kicking, and water games and songs. A parent is **required** to be in the water with their child.

#### Parent-Child Preschool (Ages 3-5 Years)

<u>Skills include:</u> Water adjournment, safe water entry, breath control, supported floats on front and back, kicking, alternating arm movement on front, bobbing, water safety topics, games, and songs. A parents is **required** to accompany any child enrolled in the parent/preschool class. When a child is safe in the water by him/herself, the parent may be dismissed from going in the water.

#### **Red Cross Level Classes**

#### Level 1

#### **Introduction to Water Skills (Ages 5 & Older)**

Skills include: Enter and exit water safely, submerge mouth nose and eyes, exhale under water through mouth and nose, open eyes underwater and pick-up submerged object. Float on front and back, explore arms and hand movements, swim on front and back using arm and leg actions, and follow basic water safety rules and use a life jacket.

#### Level 2

#### **Fundamentals of Aquatic Skills (Ages 6 & Older)**

<u>Prerequisites:</u> Swimmer must have passed Level 1, or be able to perform a front float with face in water, back float, and swim on front and back using arm and leg actions.

<u>Skills include:</u> Enter water by stepping or jumping from the side, exit water from safety ladder, submerge entire head, open eyes under water and pick-up submerged object. Float on front and back, perform front and back glide, roll over from front to back, and back to front. Tread water using arm and leg motions, swim on front and back using combined strokes, swim on side, and move in water while wearing a life jack.

#### Level 3

#### **Stroke Development**

<u>Prerequisites:</u> Swimmer must have passed Level 2, or can float on front and back, swim 15 yards on front and back crawls, using kick and alternating arm movement, and can perform rhythmic breathing.





Skills include: Jump into deep water from side, dive from kneeling and standing position, submerge and retrieve object, bob with head fully submerged. Use rotary breathing in horizontal position, perform front and back glide, perform survival float, change from horizontal to vertical on front and back, perform front and back crawl, butterfly-kick, and body motion. Perform HELP and huddle position. perform reaching assist and use Check-Call-Care in an emergency

#### Level 4

#### **Stroke Improvement**

Prerequisites: Swimmer must have passed Level 3, or can swim 15 yards of coordinated front and back crawls using kick and and alternating arm movement, can perform rhythmic breathing, and jump into deep water.

Skills include: Perform shallow water dive, swim underwater, perform feet-first surface dive, perform open turns on front and back using any stroke, and tread water using sculling arm motions and kick. Perform the following strokes: front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke. Use of safe diving rules, perform compact jump with lifejacket, and perform throwing assist and care for conscious choking victim.

#### Level 5

#### Stroke Refinement

<u>Prerequisites:</u> Must have passed Level 4 or can swim 25 yards back crawl and front crawl, 10 yards of elementary backstroke, breast stroke kick, sidestroke kick, standing dive into pool, and deep water bobbing.

<u>Sills include:</u> Tread water with two different kicks, learn survival swimming, perform rescue breathing, standing dives, pike surface dive, shallow dive two body lengths and begin any front stroke, tuck surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, and endurance swimming.

#### Level 6

#### **Swimming & Skill Proficiency**

<u>Prerequisites:</u> Must have passed Level 5 or can swim 25 yards breaststroke and sidestroke, 25 yards elementary backstroke, 50 yards front and back crawl, and 15 yard butterfly. Must be able to tread water for 2 minutes, stride jump, and open turns

Refines strokes so students swim them with ease, efficiency, power, and smoothness over great distances. Level 6 is designed with "menu" options. Each of these options focus on preparing students to participate on swim teams and in more advanced courses, such as Water Safety Instructor and Lifeguard Training. These options include"

- Personal Water Safety
- Fundamentals of Diving
- Fitness Swimming
- Lifeguard Readiness



## Tuesday Night Swimming Lessons

## **Tuesday Night Swimming Lessons Registration**

Registration begins April 3, 2023 at 8:00 a.m. PM Swimming: June 13, 20, 27 & July 11, 18, 25

#### Youth Lessons

Code

Class

<u> 1 1111C</u>	Class	Couc			
5:00 - 5:30 p.m.	P/C Toddler	SAQPT.112FH			
5:30 - 6:00 p.m.	P/C Preschool	SAQPc.111FH			
6:00 - 6:40p.m.	Level I	SAQL1.102FH			
0.00 0.10p.m.	Level II	SAQL2.104FH			
6:45 - 7:25p.m.	Level I	SAQL1.103FH			
0.43 - 7.23p.m.	Level III	SAQL3.106FH			
Location:	Menomonie Pool a	nd Fieldhouse			
Fee:					
100.	\$33.00- In City Limit Residents \$53.00- Out of City Limit Residents				

Time

#### **Parent Toddler & Parent Preschool:**

All classes are 30 minutes in length. A parent or guardian must accompany any child enrolled in the parent child classes. Class sizes range between 8-10 children per class, per instructor.

Classes meet one time per week. Check all class dates listed in the course description - classes are not always held every week as sometimes the pool is being use for other programs - or closed for holidays.

Red Cross Certification upon successful completion of a skill testing.

## D.N.R. Boat Safety

Class Code: SAQBS.101LC

**Dates:** June 12 - 16, 2023 **Testing Date- June 16** 

Time: 1:30 p.m. - 3:30 p.m.

Place: Leisure Services Center

**Fee:** \$10.00

**Ages:** 10 years and older

**Instructor:** Al Marotz

Leads to D.N.R. Certification. State Law: No person under the age of 10 years may operate a motor boat. Persons 10 years but less than 12 years of age may operate a motor boat if accompanied by parent, guardian, or a person at least 18 years of age designated by parents or guardian. Person at least 12 but less than 16 years of age may operate a motor boat only if person 18 years or older designated by parents or guardian or if they have successfully completed a D.N.R. prescribed Boating Safety Course and passes a safety certificate issued by the D.N.R. "A person at least 16 years old may operate a motor boat only if he or she has completed a boating safety course that is accepted by the Wisconsin D.N.R. A person born before January 1, 1989 is exempt from the safety course requirement." Parents or guardian are punishable by law for knowingly allowing unauthorized person to operate a motor boat.

Participants are only allowed to miss **one** class per state rules.

Customer ID # must be given to instructor first day of class.

## Menomonie Pickleball

Pickleball is the fastest growing sport in America. for several years running! It is played at the Menomonie Middle School Gym in the winter and at Wakanda Park on six beautiful dedicated courts when weather permits - and all around the world!

If you are interested in learning more about Pickleball- join the Menomonie Pickleball Facebook Page - or contact Jan Lucas, USA Pickleball Ambassador for Menomonie via email- pickleball.janlucas@gmail.com

## TINY SEEDS KIDS SUMMER CAMP GOLF | COOKING | ARTS & CRAFTS

FACEBOOK: TINY SEEDS ACADEMY USA

## **PROGRAMS:**

TUESDAY: 4:00-4:45PM PROCESS ART: 3 - 12 YEAR OLD'S

WEDNESDAY: 4:00-5:00PM COOKING: 3 - 9 YEAR OLD'S

THURSDAY: 6:00-6:45PM GOLF: 5 - ADULTS

QUESTIONS?
715-556-1889 OR TINYSEEDSMENOMONIE&GMAIL.COM



## Have your child's birthday party at the Wakanda Waterpark Party Room!

Reservations can be made by calling the Recreation Department at 715-232-1664. Three hour blocks available to suit your party needs which are 12:30 - 3:30 p.m. or 4:00 - 7:00 p.m. Monday through Saturday, and 2:00p.m. - 5:00 p.m Sunday. Rates are \$85.00 for a three hour block which also includes 12 admissions into the Waterpark as well as exclusive use of the Party Room. All fees must be paid in advance at the Recreation Department Office.





## Looking for a place to hold your company picnic? Why not the Wakanda Waterpark?

The Wakanda Waterpark is available for exclusive group rental such as a company picnic or family reunion.

Reservations are being accepted now at Recreation

Department. The rental fee is \$350.00 per hour which does include exclusive use of the of the facility and lifeguards.

Reservations can be made for Sundays from 6:00 - 8:00 p.m. or Monday through Saturday from 7:00 - 9:00 p.m. Plan your next gathering to be held at the Wakanda Waterpark today!

Note: The Waterpark may close early throughout the season due to low attendance or weather. Please call the Waterpark at 715-232-5050 or checkout our Facebook Page - *Wakanda Waterpark* to verify hours

#### 2023 Scheduled Hours, Admissions, & Rentals

June 3, 2023 - August 20, 2023 | Monday-Saturday 12:30 p.m. - 7:00 p.m. | Sunday 1:00 p.m. - 6:00 p.m.

#### **DAILY ADMISSION FEES**

Infants (Under age two)	FREE
Youth (Ages 2 through 17)	\$5.00
Adults (Ages 18+)	\$5.00
Group Rate (15+)	\$4.00 per person

<sup>\*</sup>Available only at Wakanda Waterpark

All other fees/passes/rentals must be purchased at the Recreation Department Office.

#### **SEASON PASSES**

	Youth Youth	<u>Adult</u>	<u>Family</u>	<u>Senior</u>
Resident:	\$55	\$65	\$130	\$50
Non-Res.:	\$80	\$105	\$200	\$75

#### **EARLY SALE DISCOUNT**

\$15.00 off all family passes if bought by April 28, 2023 Please use these codes when registering online with ActiveNet:

SWPFP.101WK	Family Season Pass
SWPYP102WK	Youth Season Pass
SWPAP.103WK	Adult Season Pass
SWPSP.104WK	Senior Season Pass

#### **DEFINITION OF A FAMILY**

All immediate family members (minimum of one and maximum of two adults and their children under age 18) living at the same address during the summer.

Grandparents and immediate family members under the

Grandparents and immediate family members under the age of 25 attending college may be included on a family pass at an additional charge of \$25.00 per person

#### **PUNCH CARD- 10% DISCOUNT**

11 daily youth or adult admissions for the price of 10. Can be purchased at the Waterpark.

#### **SUPER POOL PASS**

10 free passes to municipal pools in Chippewa Falls, Eau Claire, and Menomonie. Free with the purchase of a Family season pass. Pending approval from each community.

#### **EXCLUSIVE POOL RENTALS- \$350.00 PER HOUR**

The pool is available between the hours of 7:00 and 9:00p.m. Monday-Saturday. Sundays 6:00-8:00 p.m. Unlimited pool admissions

#### **NONEXCLUSIVE POOL RENTAL**

250 daily admissions for \$650.00, good for either youth or adults. Includes use of available grounds and multipurpose party room, to coincide with hours listed above. on The pool remains open to the public.

#### **WEDNESDAY FAMILY NIGHT**

Exclusive use of the pool for families between 7:00p.m.-9:00p.m. Use daily admission fee or season pass.

#### PARTY ROOM RENTALS- \$85.00 PER RENTAL

Three hour rental, either between 12:30-3:30 p.m. or 4:00-7:00 p.m. on Monday-Saturday; and 2:00-5:00 p.m. on Sunday. Includes admission for 12 individuals and includes exclusive use of the multi-purpose party room. Fee must be paid in advance

\*Daycares must provide one adult chaperone per every eight children.

#### **DOLLAR DAYS**

#### Sunday, June 18th- Dad's Day

\$1.00 admission for Dad with a paid admission.

#### Thursday, June 29th- Food Pantry Day

\$1.00 admission with a non-perishable food item - All items will be given to our Local Food Pantry.

#### Thursday, July 13th- Military Day

\$1.00 admission to anyone who has served or is currently serving in the military with a valid Military ID. We appreciate your service!

#### Sunday, July 23rd- Grandparents Day

\$1.00 admission for a Grandparent with a paid admission.

## **Thursday, August 3rd- Dunn County Humane Society Day** \$1.00 admission with a donation for our local Humane Society.

<u>DCHS Wish List:</u> Purina Dog/Cat food, toys, treats, paper towels, bleach, liquid laundry soap or fabric softener, and hand sanitizer.

#### Sunday, August 6th- Mom's Day

\$1.00 admission for Mom with a paid admission.

#### Thursday, August 17th- Back to School Day

\$1.00 admission to anyone who brings \$2.00 worth of school supplies.



#### Kris Winter's

## PAPER COW THEATER

A Grand Stage in A Classic Barn

papercowtheater.com

#### A Participatory Theater Experience for All Ages

#### **Prama Camps**

Trust your creative instincts and experience the art of original drama.

Discover, develop, and perform stories with costumes, props, sound effects, & a set.

#### Theater/Barn Tours

Visit Isabelle, our life sized papier-maché cow, and explore the beauty of our 1916 barn theater and 1902 granary studio.



Sit back and enjoy one of Kris' original tales. Get up and create an original tale of your own. (Two Hour Tour: \$10 per guest, minimum of 25. Large Group rates available.)

#### Storutelling Programs

Invite Kris, or one of her many storytelling characters, to share original tales, music, and dances with your school, library, conference, or gathering of

Programs include a simple set, authentic props, and beautiful costumes. Any Age/Any Stage.

#### 2023 Schedule of Events

Week Long Drama Camp for Ages 6 & Up Monday-Friday, June 26th-30th 9:00 a.m.-3:00 p.m. / Fee: \$150.00

Julq

Week Long Drama Camp for Ages 6 & Up Monday-Friday, July 17th-21st 9:00 a.m.-3:00 p.m. / Fee: \$150.00

Pre-registration is required for all tours and camps. For registration forms, information, or to book a storytelling program, contact Kris at 715-308-9677 or on Facebook.

Hours: Limited to Camps, Public Events and Scheduled Tours

Address: E4970 370th Avenue, Menomonie, WI 54751

Directions: 10 Minutes South of Main & Broadway, Menomonie / 5 Miles South on Hwy 25, One Half Mile East on 370th Avenue



June 10th, 2023

New this year!



**Brooke's Kids' Fun Run** 

\*for kids 9 and under ONLY \$5.00 per entry

JOIN US THIS SUMMER IN MENOMONIE, WI!

Register Here

www.getitdunnrun.com



#### T-BALL I - COED (6 WEEKS)

\*One night a week

Class Code: WAYTB.101WK

**Ages:** 4 & 5 year old's - Must be at least 4 years

by June 1, 2023

**Dates:** June 13 through July 27 (Tuesdays)

**Time:** 5:30 - 6:30 p.m. **Place:** Wakanda Park

**Fee:** \$21.00- In City Limit Residents

\$33.00- Out of City Limit Residents

**Deadline:** May 19, 2023- No late registrations

unless openings exist.

Each player will be provided with a shirt and hat. Helmets, bats, balls, and tees are provided. Pleas bring your own glove. The T-Ball program relies on parent involvement for the program to operate successfully. An orientation for parents only will be held on Thursday, June 8, 2023 at 6:00 p.m. at the Leisure Services Center.

Learnings Objectives: For children to learn simple basics of the game. Hitting, throwing, and fielding will be introduced. Each session will feature a "skill of the day" plus practice or game situations to better prepare your child for the next level of T-Ball.

### T-BALL II - COED (6 WEEKS)

Class Code: WAYTB.101WK

**Ages:** 5 & 6 year old's. Must turn 5 by June 1,

2023

**Dates:** June 13 - July 27 (Tuesday & Thursday)

**Times:** Rotating between 5:30-6:30 p.m. &

6:45-7:45 p.m.

**Place:** Wakanda Park

**Fee:** \$31.00- In City Limit Residents

\$53.00- Out of City Limit Residents

**Deadline:** May 19, 2023- No late registrations

unless openings exist.

Each player will will be provided with a shire and hat. Helmets, bats, balls, and tees will be provided. Please bring your own glove. The T-Ball program relies on parent involvement for the program to operate successfully. An orientation for parents only will be held on Thursday, June 8, 2023 at 7:00 p.m. at the Leisure Services Center.

Learning Objectives: For children who continue to learn the basics and expand in the areas of hitting, throwing, and fielding with game situations introduced. Skill stations will be set-up during each practice to allow for more one on one opportunities.

### PITCHBALL I - COED (6 WEEKS)

Class Code: WAYPB.101WK

**Ages:** 7 & 8 year old's - Must be at least 7 years

by June 1, 2023

**Dates:** June 12 through July 26 (Monday &

Wednesday)

**Time:** Rotating between 5:30-6:30 p.m. &

6:45-7:45 p.m.

**Place:** Wakanda Park

**Fee:** \$31.00- In City Limit Residents

\$53.00- Out of City Limit Residents

**Pre-Req:** Must have played one year of T-Ball II **Deadline:** May 19, 2023- No late registrations

unless openings exist.

The Pitchball league is designed for the beginning player who has some knowledge of the game rules and fundamentals. This is a coach pitch and introduction to using the pitching machine. Each player will be provided with shirt and hat. Please bring your own glove. The Pitchball league relies on parent involvement for the program to operate successfully. An orientation for parents only will be held on Wednesday, June 7, 2022 at 6:00 p.m. at the Leisure Services Center.

Learnings Objectives: To further challenge the child in fundamentals of baseball, including, throwing, fielding, catching, hitting, baserunning, offense, and defense. Each session will feature a "skill of the day," plus game situations.

## PITCHBALL II - COED (6 WEEKS)

(Pitching Machine League)

Class Code: WAYTB.102WK

**Ages:** 8 & 9 year old's. Must turn 8 by June 1,

2023

**Dates:** June 12 - July 26 (Monday & Wednesday)

**Times:** Rotating between 5:30-6:30 p.m. &

6:45-7:45 p.m.

**Place:** Wakanda Park

**Fee:** \$31.00- In City Limit Residents

\$53.00- Out of City Limit Residents

**Pre-Req:** Must have played one year of Pitchball II

**Deadline:** May 19, 2023- No late registrations

unless openings exist.

This league is designed for the player who has knowledge of the game, but not ready to move to 9/10 year of baseball. Emphasis will be placed on learning to hit a baseball by use of the pitching machine. The league will rely on parent involvement for the program to run successfully. An orientation for parents only will be held on Wednesday, June 7, 2023 at 6:00 p.m. at the Leisure Services Center.

#### YOGA FITNESS CLASS- ADULT

Class Code: SLEYO.101LC

Time: 5:30 - 6:30 p.m.
Class Code: SLEYO.102.LC

**Time:** 10:00 - 11:00 a.m.

**Dates:** June: 13, 15, 20, 22, 27, 29

July: 11, 13, 18, 20, 25, 27

August: 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Place: Leisure Services Center Fee: \$110.00 per person

**Instructor:** Sherry Pitzer

Classes will meet on Tuesday and Thursday mornings or evenings. This is a yoga program that is designed to incorporate a fitness workout that is modern, simple, relaxing, and systematic. This program is safe and effective, and appropriate for all ages. Working from beginners to advanced fitness levels. These classes feature strength, cardiovascular conditioning, and flexibility components using music to enhance the experience.

## VOLUNTEERS NEEDED:

Do you have spare time and looking for something to do? We could use your help with programs at the Recreation Department as well as the Shirley Doane Senior Center. Some of the programs looking for assistance would be coaching, program aides, and assisting with BINGO on Friday afternoons.



## DUNN COUNTY FISH & GAME HUNTER SAFETY COURSE OFFERING

**Dates:** August 8, 9, 10, 15, 16, 17, 19, 22, 2023

Field Test: Saturday, August 19, 2023

(8:00 a.m. until done)

**Time:** 6:00-6:30 p.m.- Firearm Check-In

6:30 - 8:30 p.m.- Class

Place: Dunn County Fish & Game Clubhouse Fee: \$10.00 Payable the first night of class

Contacts: Roger Herman: 715-235-558

Or Duke Holmberg: 715-235-7917



A DNR customer number is required for all safety classes and is required for registration night. To obtain a number call 1-888-936-7463 weekdays between 7a.m. and 9:00p.m. Interested parties may register for this class by calling the Recreation Department at 715-232-1644

#### PRESCHOOL GYMNASTICS

 Dates:
 1st Session: June 12-29
 Class Codes

 Time:
 1:15-2:00 p.m. Mon. & Wed.
 SAYPG.101HS

1:15-2:00 p.m. Tues. & Thurs. SAYPG.102HS

 Dates:
 2nd Session: July 10-27
 Class Codes

 Time:
 1:15-2:00 p.m. Mon. & Wed.
 SAYPG.201HS

 1:15-2:00 p.m. Tues. & Thurs.
 SAYPG.202HS

Place: Menomonie High School Fee: \$23- In City Limit Residents

\$43.00- Out of City Limit Residents

**Ages:** 4-5

45 minute classes. Children in pre-school gymnastics will have the opportunity to work on the various pieces of gymnastics equipment, including the balance beam and the uneven parallel bars. Major emphasis in the class is on the development of large motor skills such as running, jumping, leaping, and hopping. Coordination types of skills and games are taught with the use of gymnastics equipment. Climbing ropes will be used to encourage the development of upper body strength and sense of height/air awareness. Leotards and/or sweat suits are encouraged. Clothing with zippers will not be permitted.





## TUMBLING FOR TOTS

#### **Class Codes:**

WAYTM.101LC	Ages 1-2	3:30-4:00 p.m.
WAYTM.102LC	Ages 3	4:10-4:55 p.m.
WAYTM.103LC	Ages 1-2	5:05-5:35 p.m.
WAYTM.104LC	Ages 3	5:45-6:30 p.m.
WAYTM.105LC	Ages 4	6:40-7:25 p.m.

**Dates:** June 12, 19, 26, July 10, 17, 24, 31,

August 7, 2023

Place: Leisure Services Center- Gym Fee: \$30- In City Limit Residents

\$45.00- Out of City Limit Residents

**Instructor:** Stacia Gregory

Children will learn loco-motor skills (hopping, leaping, skipping, etc.) social awareness skills (taking turns, listening skills, directional instruction, etc.), and basic gymnastics skills through the use of gymnastics equipment. Emphasis will also be on flexibility, balance, body control, and self confidence. One and two year old classes are parent assisted, three and four year old classes are parent assistance optional.

#### TOTS PARACHUTE AND PLAY

Class Code: SAYPP.101LC

Wednesday, May 3, 10, 17, 24, 2023 **Dates:** 

Ages:

Time: 9:30 - 10:00 a.m.

Place: Leisure Services Center

Fee: \$20.00 - In City Limit Residents

\$25.00 - Out of City Limit Residents

Join in for the fun activities using parachutes! Kids will Fee: have fun playing games that include learning skills such as cooperation, sharing, and taking turns. Weather permitting, classes will be held outside. Inclement weather class will be held in the gym.

#### **TOTS JUNIOR PARK EXPLORERS**

Class Code: SAYPE.101LC

**Dates:** Wednesday, June 7, 14, 21, 28, 2023

2 - 5 Ages:

Time: 9:30 - 10:15 a.m.

Place: Leisure Services Center & City Parks

Fee: \$25.00 - In City Limit Residents

\$30.00 - Out of City Limit Residents

Join us in exploring the parks in Menomonie! Each week we will be meeting at a different park. Games and activities will be taught at the park and a small snack will be provided. This class requires caregiver attention. Schedule will be sent out prior to first day.

#### TOTS PAINT N PLAY

Class Code: SAYPP.101LC

Ages: 1 - 3

Time: 9:30 - 10:15 a.m. Class Code: SAYPP.102LC

3 - 6 Ages:

Time: 10:30-11:15 a.m.

**Dates:** Wednesday, July 12, 19, 26, August 2, 2023

Leisure Services Center Place:

Fee: \$20.00 - In City Limit Residents

\$25.00 - Out of City Limit Residents

Love the fun of toddlers painting, but not they messy clean-up? Come join us for for this four week themed paint class where toddlers will get to experiment with a variety of paint techniques and types. While their masterpieces dry, let us handle the clean-up while the tots get to enjoy some free play time with obstacle courses and parachute games in the gym. Will be outdoors weather permitting.



Class Code: SAYSP.101LC

0 - 3Ages:

Time: 9:30 - 10:15 a.m. Class Code: SAYSP.102.LC

Ages: 3 - 6

Time: 10:30 - 11:15 a.m.

Dates: Monday, August 7, 14, 21, 28, 2023

Leisure Services Center Place:

\$20.00 - In City Limit Residents

\$25.00 - Out of City Limit Residents

Come explore texture, color, scents, sounds, and more in this sensory class for tots. We will have an activity that lets kids explore freely with their senses and open play for moving around. Weather permitting, classes will be held outside. Inclement weather class will be held in the gym.

#### TOTS FOOD EXPLORERS CAMP

Class Code: SAYFE.101LC

August 7 - 11, 2023 Dates:

Ages: 3 - 6

11:30 a.m. - 1:00 p.m. Time: Place: Leisure Services Center

\$45.00 - In City Limit Residents Fee:

\$55.00 - Out of City Limit Residents

Explore the world of food through arts, crafts, music, and real food making experience to expand their excitement towards eating real foods. Learn all about food by exploring colors, shapes, sizes, textures, and taste! By exploring the food they eat, kids will feel excited and more comfortable to try new foods. Kids will learn all about the food journey from farm to fork. We will visit the Farmers Market one day for a pick your own recipe adventure. Farmers Market day will be out of pock cost, all other food included in registration fee.

#### TOTS PUMP N RIDE

Class Code: FAYPR.101LC

**Dates:** Wednesday, September 6, 13, 20, 27, 2023

Ages: 1 - 4

Time: 9:30 - 10:00 a.m.

Place: Leisure Services Center

\$20.00 - In City Limit Residents Fee:

\$25.00 - Out of City Limit Residents

Don't pack away those tricycles just yet! Toddlers can bring their push, sit-on, ride-on, big wheel, or cozy coupe for some open gym time. Cones will create fun lanes and obstacles. Fun games such as car wash, red light, green light, will be played. Will be outdoors weather permitting. No two wheeled bicycles or battery operated ride on toys allowed.



# SUMMER SUMMER KICK-OFF!



Come and learn about & sign-up for our summer programs for ALL AGES!

6:30-7 Summer Registration 7pm Music Over Menomin starts



Monday-Friday 9-6 Saturday 10-2 Sunday closed 600 Wolske Bay Road | 715-232-2164





#### FOOTBALL FOR THE LITTLE PUNTERS

Class Code: FAYLP.101HS

**Dates:** August 6, 13, 20, 2023

**Time:** 6:00-7:00 p.m. (Kindergarten)

6:00-7:30 p.m. (1st - 3rd Grade)

**Place:** Phelan Park

**Fee:** \$25.00- In City Limit Residents

\$38.00- Out of City Limit Residents

**Instructor:** Tyler Pabich and MHS Football Players

This program is open to boys and girls in Kindergarten through 3rd Grade. All participants will meet at the same time, however Kindergarten and 1st Grade will be in one group and 2nd and 3rd Grade will be another. The program will run for three weeks and will work on the basic fundamentals of football such as passing, kicking, receiving, and punting. Participants will be given chance to practice the skills they have learned while playing relay elementary games throughout the three weeks. Each child will receive a free t-shirt. Please bring bottled water for your child to drink during the program. Deadline for registration is July 31, 2023.

#### YOUTH FLAG FOOTBALL INSTRUCTION

Class Code: FAYFB.101PH

**Dates:** September 9, 16, 23, 30 October 7, 14, 2023

 Time:
 9:00-11:00 a.m.

 Ages:
 4th & 5th Grade

 Place:
 Phelan Park

**Fee:** \$31.00- In City Limit Residents

\$53.00- In City Limit Residents

\$20.00- Reversible Rec Dept Football Jersey

This program is open to boys and girls in grades 4th and 5th. The program will run for six weeks with games and practices held Saturdays beginning September 9th at 9:00 a.m. A clinic sponsored by the MHS football team will be held on September 9th at Phelan Park. Games will be played the following five Saturdays with a small tournament to end the league on October 14th. Each week teams will play two games. The tournament at the end of the year will be single elimination and the bracket will be sent out the week of the tournament. Participants must provide their own mouth guard and cannot wear metal cleats. No special requests for teams will be taken.

#### **MHS Football Clinic**

Date: September 9, 2023

**Time:** 9:00-10:30 a.m. (4th & 5th Grade)

10:30-12:00 p.m. (6th & 7th Grade)

**Place:** Phelan Park

#### 7 ON 7 FOOTBALL LEAGUE

Class Code: FAYFB.102PH

**Dates:** September 9, 12, 14, 19, 21, 26, 28

October 3, 5, 2023

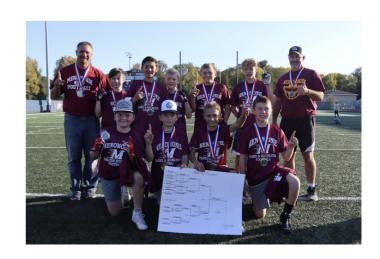
Time: 6:00-7:30 p.m.
Ages: 6th & 7th Grade
Place: Phelan Park

**Fee:** \$31.00- In City Limit Residents

\$53.00- Out of City Limit Residents

\$20.00- Reversible Rec Dept Football Jersey

This program is open to boys and girls entering 6th and 7th grade. The league will be held on Tuesday and Thursday nights at 6:00 p.m. at Phelan Park. The league will be coached by adults who are mostly former Menomonie football players who reside in the community. The league will begin with a mini-clinic on Saturday morning, September 9th from 10:30-12:00 p.m. at Phelan Park where all players will go through a series of drills and skills put on by the high school coaches. After the miniclinic the kids will be divided into teams as equally as possible based on their demonstrated levels in the drills. We will not take requests for players to be on the same team as we want to come up with as equal of teams as possible so the league is fun for all.



STRENGTH | SPEED | AGILITY | INJURY PREVENTION

## ETS PERFORMANCE

## TRAINING



## SERVICES

#### ETS STATS

25 LOCATIONS 50.000+ ATHLETES TRAINED 2.500+ COLLEGE ATHLETES 200+ PROFESSIONAL ATHLETES

ETS IS FOR ATHLETS AGES 8 +

#### ETS MISSION

Our mission is to provide cutting edge strength, speed, power, deceleration and movement mastery training for athletes and individuals in a challenging yet positive environment that will enhance performance, build character and improve lifestyles.

#### SPEED PLUS

AGES 8 - 12

The ETS Speed Plus
program focuses on linear
and lateral speed
development, deceleration
mastery, relative strength
and injury prevention
training for young athletes
to establish a foundation
for athletic success and
performance mastery.



#### STRENGTH PLUS

AGES 124

The ETS Strength Plus program provides individualized and sport specific strength, speed, power, deceleration, movement mastery, and energy system development training to maximize performance and improve injury resistance.



#### TEAM/SCHOOL TRAINING

ETS provides customized on-site or off-site team training programs for youth, high school, college sports teams, clubs or associations. Many options available for in-season, off-season, or year-round training. We can customize a plan for your needs.





VISIT OUR WEBSITE FOR ADDITIONAL TRAINING INFO AND ATHLETE, PARENT, COACH TESTIMONIALS

GET IN TOUCH FOR CUSTOM SOLUTIONS

W W W . ETSPERFORMANCE.COM

## General Information

#### Fees

All fees should accompany the registration forms. Failure to pay by the deadline will result in the removal of your name from the class list. Fees may be subject to change due to budget limitations. Effective August 1, 2002, differentiated fees for city and non city residents will be charged.

#### Sales Tax

State law requires Sales Tax be collected on certain programs and services. Fees shown do not include sales tax. Instructional Programs are exempt.

#### Health Conditions

Is is the responsibility of the parent or guardian of program participant to notify and/or inform the Menomonie Recreation Department (MRD) office staff, at the time of enrollment/registration, of any (mental or physical) condition that may/could require special consideration by the MRD Staff. This is for everyone's protection. MRD staff will respect your confidentiality.

#### Insurance Information

The Menomonie Recreation Department (MRD) is committed to conducting its recreation programs, activities, and services in the safest manner possible and holds the safety of participants in the highest regard. Participants and parents registering their child in recreation programs, or using MRD equipment or facilities such as ball diamonds, picnic shelters, and renting the Leisure Services Center, must recognize, however, that is an inherent risk of injury when choosing to participate in recreation activities. The Menomonie Recreation Department continually strives to reduce such risks and insists that all participants follow safety rules and instructions which have been designed to protect the participant's safety. Please recognize the Menomonie Recreation Department does not carry medical accident insurance for facilities. The cost would make programs fees and rental charges prohibitive. Therefore, each person registering themselves or a family should review their Personal Health Insurance policy for coverage.

### **Upcoming Brochures**

Look for our Fall Brochure in September 2023 on our Facebook page "Menomonie Parks and Recreation". The Menomonie School District will also be sharing this information with families. There will no longer be hard copies available of our brochures.

### Employment Opportunities

Applications for employment can be obtained at the Recreation Office. Some restrictions may apply due to Wisconsin Child Labor Laws. For further information, contact our office.

#### Minimum Enrollments

Most programs require a minimum enrollment based on necessary revenues, before they will be conducted. Cancellations may occur if minimum are not attained. The Department reserves the right to adjust class if necessary, due to enrollment levels, or other circumstances beyond our control.

#### Athletic Rules

A copy of the Menomonie Recreation Department Rules and Regulations Governing Adult Leagues and Tournaments is available upon request. Specific information concerning the the adult leagues is contained in this book. All players are held responsible for the knowledge of its contents.

#### Additional Programs

Contact the Recreation Department to register your interest in new courses. When a sufficient number of individuals are enrolled, a course will be developed at convenient time. Usually six to twelve participants are needed to begin a course at a reasonable cost.

#### Americans with Disabilities Act Notice

Menomonie Recreation Department (MRD) programs, facilities, and services are subject to compliance with federal law relating to accessibility. If you or someone you know has a disability and is interested in attending or participating in a program, activity, or service, MRD will make reasonable accommodations to facilitate that opportunity, such as removing barriers, selecting alternative sites or revising policies and practices. Please contact MRD well in advance of an event or program so that adequate services may be provided.

#### Photo Policy

Them Menomonie Recreation Department staff may videotape or photograph participants enrolled in program, classes, events, or enjoying facilities. These photographs are for Menomonie Recreation publications, fliers, brochures, or staff training purposes. All photos taken on City of Menomonie property are for City use and become sole property of the City.

#### Refunds

Refunds on fees or charges for Recreation Department programs and services will be made under the following conditions

- 1. <u>Full Refund:</u> Will be granted when programs are cancelled, or changed to a date/time which could prevent participation.
- 2. A Refund, Less \$5.00 Service Charge: Will be granted when a person cancels from a program or service at least three business days prior to the scheduled start date of the program or service.
- 3. No Refund: Will be granted when a person cancels from a program or service at least three days prior to the programs or services scheduled start date.

#### Procedures for Refunds-

- 1. Request refund from the Recreation Department either in person or in writing.
- 2. Upon approval, refund can be put back on ActiveNet account, credit/debit card, or check.

## Community Recreation Opportunities

Besides the City of Menomonie Recreation Department program offerings, the Menomonie community provides a variety of recreation opportunities. This includes structured programs and services as well as independent use of facilities and area businesses. Please contact the representative providers for further information on how to get involved!

	Address	<u>Phone</u>	<b>Population Served</b>
Aerobics			
Menomonie Fitness Center	310 East Main Street	715-235-6455	
Aquacize			
Mayo Health Systems	2321 Stout Road	715-235-5531	Adults & Seniors
Archery			
Menomonie Archery Club			
Baseball			
Menomonie Baseball Assoc.	Jeff Sullivan	920-369-0285	Youth
Biking & Hiking			
Red Cedar Trail	DNR Office	715-235-1425	Youth, Adults, & Seniors
Hoffman Hills		715-235-1425	
Bowling			
Broadway Bowl	1509 North Broadway	715-232-8917	Youth, Adults, & Seniors
Camping			
Twin Spring Campground	3010 Cedar Falls Road	715-235-9321	Youth, Adults, & Seniors
Irvington Campground	E4176 County Road D	715-235-2267	Youth, Adults, & Seniors
Dance			
Red Cedar Dance Company	Tara Verdon	715-505-3644	
Chippewa Valley Irish Dance	chippewavalleyirishdance@gmai	I.com 117 Main Street	Youth, Adults, & Seniors
Golf			
Menomonie Golf & Country Club	802 Heller Road	715-235-3595	
Pinewood Golf Course	N3434 440th Street	715-235-2900	
Hockey			
Menomonie Hockey Assoc.	Rhonda Messerschmidt	715-220-9651	Youth & Adults
Martial Arts			
Healing Arts Center	710 4th Street East	715-235-7711	
Menomonie Goju Karate	1807A Wilson Street NE	715-233-9927	Youth, Adults, & Seniors
Racquetball			
UW-Stout	Johnson Fieldhouse	715-232-1392	
Senior Citizens			
Menomonie Senior Center	1412 6th Street	715-235-0954	Seniors
Dance, Cheer, and Gymnastics			
Exceptional Athletics	2920 59th Street	715-308-5025	Adults
Soccer			
Menomonie Area Soccer Assoc.	Tony Bixby	715-505-2573	Youth
Softball			
Menomonie Junior Mustangs	Shane Elliott	715-790-1614	Youth
Swimming	Simile Zillett		10001
MAAC Club	Amy Leach	715-529-9426	Youth
MHS Pool & Fieldhouse	1715 5th Street West	715-232-1197	Youth, Adults, & Seniors
Weight Training	1,10 but street West		1 0 4411, 1 1 4 4 4 5 5 1 1 1 1 1 1
MHS Pool & Fieldhouse	1715 5th Street West	715-232-1197	Adult & High School
Snap Fitness	1320 Broadway Street North	715-232-9999	radit & High School
Anytime Fitness	1700 Stout Street	715-309-4441	Adult
Menomonie Health & Fitness	3019 Schneider Avenue SE	715-231-2348	Adult
Menomonie Health & Fitness	1508 9th Street East	715-231-2348	Adult
Volleyball			
Dean & Sue's	2002 Midway Road	715-235-9940	Adult
The Great Escape	2909 Bongey Drive	715-235-3472	Adult
•	<i>.</i>		

## Park Shelter Reservation Procedures

The following park shelters may be reserved for use by the community. Reservations may be made one year from the date you wish to reserve; priority will be given to individuals in person. Reservations will be secured when a reservation form and and payment have been received in the Recreation Department office. The City reserves the right to refuse future use to any group or person who abuses park facilities. A copy of your permit will be displayed at the shelter named on the day you have reserved. If a shelter is not reserved in advance at the Recreation Department , it is available on a first come, first serve basis. Reservation forms can be downloaded from our web pagewww.menomonie-wi.gov

FACILITIES SE	EATING AMENITIES	DAILY FEE	FACILITIES	<u>SEATING</u>	AMENITIES	DAILY FEE
Wilson Park Bandshell Wilson Farmers Market Farmer Market & Bandshell Leisure Center Shelter Phelan Park Shelter Elmwood Park Lakeside Park Fowlers Court Riverside Park	200 Elect/Rest/Kitch Elect/Rest/Stag Elect/Rest 50 For use with LSC Rer 40 Elect/Rest	\$100 \$150	Wakanda Park Northside Shelter Southside Shelter Farm Bureau Shelter Lion's Club Shelter Letty M. Trainor Shelter Jim Miller Shelter  Point Comfort Park Lion's Club Shelter Byron Smith Shelter Bassmaster	30 40 40 40 40 40 40 40	Elect/Rest/Sink Elect Elect Elect Elect Elect Elect Elect	\$55 \$35 \$35 \$35 \$35 \$35 \$35 \$35 \$35

For profit or individual users, tax will be added to the above totals. Non-profit or tax exempt organizations will tax I.D. number or letter will be exempt

#### **PARK & SHELTER RULES**

Parks are open from 7a.m. to 10p.m. daily.

Please dump all rubbish and garbage in the dumpster near your site. Do not dump ice on grass, or put grease in dumpsters. Garbage bags are not provided.

Amplified music is permissible at all City Parks from 10:00 a.m.-10:00 p.m. A permit and \$15.00 filing fee required to be filled out with reservation form.

Alcohol is allowed in all parks, except the Leisure Services Center, Fowlers Court, and Wilson Park Bandshell. Alcohol may not be sold in City Parks.

Tents may be installed only in designated areas because of buried underground utilities, with a Community Services employee present.

Arrangements for additional picnic tables and other equipment may be made at an additional cost to the user.

No glass of any kind is allowed in City Parks.

No City facilities may be used for commercial selling purposes. Fundraising for non-profit organizations is allowed when noted on the application.

The City reserves the right to require renters renters to provide a certificate of insurance which names the City as an Additional Insured, and provides adequate coverage for the type of activity scheduled. Renters agree to hold the City harmless.

The individual listed on the Reservation Request shall be responsible for enforcement of all park rules and proper conduct of all persons using the facilities. Renters are responsible for loss of, damage to, City property under their control and assume the full cost of repair or replacement.

All property belonging to the renter shall be removed from the building at the conclusion of the rental period. No permanent decorations are permitted. No storage of items is permitted.

Community Services Department staff are on duty Monday-Friday from 7:00a.m.-5:00p.m. and on weekends from 7:00-9:00a.m., in case of an emergency contact Community Services Department at 715-232-2302.

There are several shelters that are enclosed and require you to get an access code for entry. The shelter name are Wakanda Pavilion, Northside Shelter, and Wilson Park Restrooms. When using these facilities we advise you to not store products or supplies in them prior to the day of your rental. The week of your rental you will be given the access code for your reservation.

Tables and chairs are available for rental from the Leisure Services Center for a daily fee.

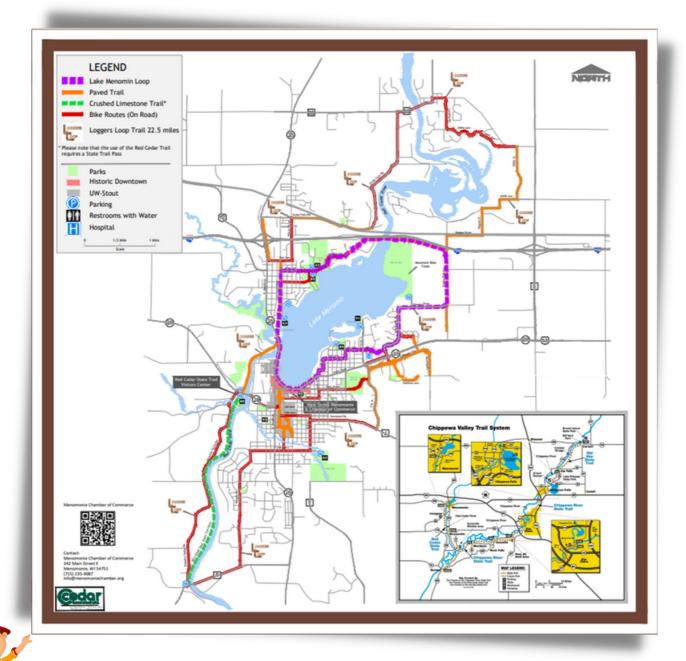
Ball diamond reservation can be made beginning on April 1st.

Camping is *not* allowed in any City Park.

First are permitted only at prepared fire places.

Please help protect our Parks by reporting all vandalism.







- Located at Phelan Park, 1200 21st Avenue, Menomonie, WI
- Open 7 days a week sunrise to sunset.
- Restrooms and drinking fountain at the park.
- This facility does not have lights.

This outdoor skate park is free to the public and has seasonal restrooms. The park is constructed predominately with concrete. Obstacles include quarter pipes, flat rail, boxes, ledges, benches, bank ramps, a euro (step-up) gap, small bowl, and pyramid as well as others.

### Disc Golf-Courses in Menomonie

Ages: All Ages
Fee: FREE

When: Seven Day a Week

Time: All day, Evening until Dark
Where: Wakanda Park - Game Park Road

~ 18 Hole Course

Brickyard Course - Near the Dog Park

~ 9 Hole Course

Menomonie Middle School- 920 21st St SE

~ 18 Hole Course

Fun for all ages! The sport is similar to golf except a disc resembling a frisbee is throw at chain basket mounted on a pole. First come, first serve. Users must furnish their own disc. Any questions? Contact the Recreation Department ~ 715-232-1664



A public park should be a safe, friendly place to gather and enjoy the outdoors. Menomonie Parks are usually filled with sight and sound of picnics, ball games, playgrounds, and laughter.

Here is how you can keep our Parks safe~

Report illegal or suspicious activity immediately to the Police Department: 715-232-1283

- Destruction of property
- Unruliness, fighting, or harassment

Report other park problems Monday-Friday during office hours to the Recreation Department 715-232-1664

- Broken benches, tables, and playground equipment
- Vandalism, broken glass, and garbage dumping

Park Watch... Creating community pride as everyone works together to ensure safe, clean, and enjoyable park!

#### **DOG PARK RULES & INFORMATION**

Menomonie's Off Leash Dog Park

(Location Just Off of Brickyard Road -Near the Humane Society)

Welcome to the Menomonie Off Leash Dog Park. This Dog Park was designed and built with the help of local dog enthusiasts. This is your park - Please do your part to maintain it! The Dog Park is open Sunrise to Sunset.



All dogs must display valid, city, town, or county license, rabies, and dog park tags.



Owners and handlers must be 16 years of age and are liable for damage or injury inflicted by their dog(s).



Any children in the dog park under the age of 10 years must be supervised by an adult 18 years of age or older.



Limit of 3 dogs per handler. Owners or handlers must be inside the dog park and attentive to their dog(s) at all times.



 Dogs must be kept on a leash when entering and exiting the park, including the transitional corridor.



All dogs in the park must be at least 5 months of age. Carry a leash for each with you at all times.



Owners and handlers must "scoop-poop" and dispose of it in the trash receptacle.



• Alcohol, glass, or metal containers are not allowed in the park.



Owners or handlers with dogs exhibiting aggressive behavior must "leash up or leave" immediately.



• Female dogs while in heat are not allowed in the park.



Violators may be penalized or fined up to \$30, plus court costs



For assistance or questions about the Dog Park, please call the Recreation Department: 715-232-1664

To purchase a Dog Park Tag, please visit or contact The City of Menomonie Treasure's Office~ 800 Wilson Avenue or call 715-232-2221



The Menomonie Parks & Recreation Advisory Board and staff would appreciate your help. Please take a few minutes to answer this survey and return it to our office at the address listed below. Your responses to this survey will help us better serve your recreation and leisure needs and improve our programs and services.

Which of the following city facilities or parks have you visited in this past year?

#### Wakanda Park Leisure Services Center Elmwood Park Phelan Park Point Comfort Park **Fowlers Court** Park Circle Wilson Park Riverside Park Wakanda Park Beach Wakanda Pavilion Point Comfort Beach How would you describe your experience with city recreation facilities you used? Excellent Satisfactory Needs Improvement What is one thing you do not like about your experience(s) with these facilities? How would you rate the overall maintenance on the facilities you used? Excellent Satisfactory Needs Improvement Please describe your overall experiences with the Recreation Department programs. Satisfactory Excellent Needs Improvement Please describe your experience with the Recreation Department registration procedures. Satisfactory Excellent Needs Improvement How would you describe your experience with city recreation facilities you used? Excellent Satisfactory **Needs Improvement** How did you receive this Summer 2023 brochure? School Leisure Services Center Other Library How often does your household use City Parks or Recreation Department programs in a year? Other Daily Weekly Monthly Several Times a Year Please indicate your priorities for future planning purposes. 1= Not important 2= Some Importance 3= Important 4= Fairly Important 5= Very Important Additional lighted sports field...... 1 2 3 4 5 Additional programs for adults...... 1 2 3 4 5 Additional programs for preschool children.. 1 2 3 4 5 Additional programs for seniors...... 1 2 3 4 5 Additional sports fields...... 1 2 3 4 5 Programs for people with disabilities...... 1 2 3 4 5 Additional programs for teenagers...... 1 2 3 4 5 Performing arts and creative arts programs... 1 2 3 4 5 Additional programs for elementary children. 1 2 3 4 5 Outdoor swimming facilities...... 1 2 3 4 5 Additional programs for young adults...... 1 2 3 4 5

Thank you for taking the time to complete this survey!

Return to MRD, Leisure Services Center, 1412 Sixth Street, Menomonie, WI, 54751

## Recreation Department Program Evaluation

Program				_ Summer 2023				
quality of our progran	ns. As a persalue to the p	son directl	y involved	partment with the inforwith this activity, your e print as this report m	comments	are vital to	this endeavor	. Only then
Thank you for taking	the time to	comment.						
Mitch Stai, Director 7	15-232-166	4						
Were the following o	class arran	gements o	appropiate	?				
Days Age Division Class Length Publicity Equipment	<u>Yes</u>	<u>No</u>	<u>N/A</u>	Time Ability Level # of Weeks Staff Size Facilities	<u>Yes</u>	<u>No</u>	<u>N/A</u>	
Did you receive ade	quate help			ne department office .				
Yes Did you receive ade Yes	quate help		ort from th	ne program staff whe	n necessar	y?	KKKK	
Other comments wh	nich will as	sist in ma	intaining o	or improving the quo	ality of the	program-		
	Complete	ed By (opi	tional):		<i>D</i>	)ate:		
	Phone N	umber (if	response i	s required):				

## Registration Information

Office Hours: Monday-Thursday: 8:00 a.m.-4:30 p.m. & Friday: 8:00 a.m.-12:00 p.m.

No phone in registration is accepted for any programs

Walk-In & Mail-In Registration will be accepted beginning **April 3, 2023 at 8:00 a.m.** 

#### **Mail-In Registration:**

- Complete the family registration form making sure you have included the correct name and day. This form may be used for your whole family.
- Enclose a self-addressed stamped envelope. This is needed to return a class confirmation to you or to return checks for classes that have filled.
- Attach your check or money order payable to the "City of Menomonie" and mail to:

Menomonie Recreation Department 1412 6th Street East Menomonie, WI, 54751

 If class chosen has filled and there is no second choice indicated, your name will be placed on a waiting list. You will be notified by phone if anything opens.

#### Walk-In Registration

- Walk-in registration will be received at the Recreation Department office in the Leisure Services Center building.
- During walk-in registration, you will need to complete the family registration form. This form may be used for your whole family.
- Once you have registered and paid the required fee, you will not receive any other notification from the MRD. Go to the proper location, time, and date listed in the brochure.

#### **Phone-In Registration**

• Will not be accepted for any programs.

#### **Online Registration**

• Go to www.menomonie-wi.gov, Governments tab, Parks & Recreation, and Online Registration.

	onie Recreat ly   One Form		-	_	ouraulOII	I OFIII	Remember:  • NO telephone	•
Pavee (Adu	lt/Parent/Gua	rdian)					<ul><li>are accepted.</li><li>Payment by 0</li></ul>	
			First	Name			Credit/Debit.	
Address Home Phone						like information		
City/State Cell Phone					e a stamped/self			
=							address enve	lope. Unless tified, assume
Plea	se check this bo	x if this is	a new add	ress	Yes, I	can help coach	that you are e	enrolled in the
	ny special condit aware of (medic		ability, etc.	):				
Please indica	ate t-shirt size fo	or all Bas	eball/Softh	all Regis	trants:	Youth	Adult	
First Name	Last Name	M/F	Grade	DOB	Age	Program Title	Session/Time	Program Fee
							Total Fees: \$	<u>'</u>
Credit Card Info	rmation:							
Credit Card #:					E	xpiration Date:		
Cardholder Signat	ure:				C	VC #:		
Liability Statement: A	All adult participants n	nust sign belo	w. In addition,	the signature	of a parent or	legal guardian is required	for youth registrations.	
I hereby understand the	at I/or my child has reg	gistered to par	ticipate in a pr	ogram sponso	ored by the Cit	y of Menomonie Recreation	on Department. I acknowl	ledge and will adhere
to department policies	described in this brock	ure. I unders	and that partic	ipating in this	activity (like	all activities) has some inhasibility for injuries incurre	erent risk. Furthermore, l	I certify that I am /

23

Date:

Participants must provide insurance coverage prior to and for the duration of the activity.

Signature:

### Online Registration

This service will be activated at 8:00 a.m. on Monday, April 3rd, however classes are viewable prior to registration. Go to www.menomoniewi.gov to register online. Click on Departments, Parks & Rec. You are able to view brochure or register online for classes If you do not have an account, you will be asked to do so at this time.







Registrations will be accepted in person Monday-Thursday 8:00a.m.-4:30p.m. & Friday 8:00a.m.-12:00p.m.

One Household Only: In order to help assure the registration process is fair to all, you may only register for member of your immediate family. It will not be acceptable for one person to register neighbors, friends, and extended relatives along with their own registrations. Only parents/legal guardians may register youth participants.

**Payment By Credit Card:** The Recreation Department accepts MasterCard and Visa for all registration and program payments. Personal Information is safe and secure. Registration forms which include credit card numbers will be shredded immediately after processing.

**Read Your Receipt:** Read the receipt to verify that you are enrolled in correct class/session. Any program changes in dates, times, and special arrangements will be noted there. If you would like a receipt for a mail-in registration please enclose a stamped addressed envelope. No other confirmation will be mailed to you.

**Register First:** Persons MUST register PRIOR to participation in ANY program through one of the above methods. Class registrations are not accept at program sites. You may be asked for a copy of your receipt on the first date of class if you or your child is not on the class list.

## LEISURE SERVICES CENTER

1412 Sixth Street, Menomonie, WI, 54751

Are you looking a place to hold a business meeting, anniversary, birthday party, graduation, or family reunion? Contact the City of Menomonie - Leisure Services Center at 715-232-1664 or menorec@menomonie-wi.gov learn more about hourly rates, availability, and restrictions.

There are three multi-purpose rooms, conference room, a grade school sized gymnasium, and a fully equipped kitchen that can be made available for rentals. The parking lot handicap accessible, air conditioned building, and room set-up available upon request.



This facility may not be used for commercial selling purposes. Fundraising activities conducted by non-profit groups are acceptable if prior approval is obtained.

Call today to schedule your next meeting or gathering!



## **Enrolling** for the

2023 - 2024 School Year

FREE PROGRAM! Call to discuss how to Qualify

- 4 FULL days of 4 year old Kindergarten - 4 FULL days of 3 year old Preschool

- Early Head Start for Pregnant Women & Children aged 0-3

-Teen Parent Program for School Credit

A Licensed Facility Providing: \*Daily Nutritious Meals \*School Readiness Skills

Parent and Family Opportunties

Menomonie Head Start 3375 Kothlow Ave. Suite #10 Menomonie, WI 54751

#### APPLY NOW

715-235-9122 www.headstart.cesa11.k12.wi.us

## ADULT DAY SERVICES DEMENTIA ADULT DAY SERVICES

... is OPEN at the Senior Center and welcoming new friends!

These day programs help caretakers find time away from a loved one being cared for. Our excellent program managers, assistants and volunteers provide a comfortable, loving environment in the Leisure Services Building. Come on in and check us out any time Monday through Friday 10 a.m. 2:30 p.m. We are always working on fun and exciting things to keep our participants entertained! These pictures are proof!

DEMENTIA ADULT DAY SERVICES (DADS) - Mondays & Tuesdays 10:00-2:30 ADULT DAY SERVICES (ADS) - Wednesdays, Thursdays, & Fridays 10:00-2:30 Serving adults of all ages needing caregiving. We accept new people any day or days and any combination of hours during these 5 days a week.

For more information call @715-235-0954 or email the senior center at seniors@wwt.net



## Welcome to Summer Academy 2023



#### **Dear SDMA Families,**

This summer, the SDMA and Menomonie Recreation Department is offering a wide range of program options for your students. We are excited about the many offerings we have for your students this summer! We invite any student who is enrolled in the SDMA to attend summer school. Additionally, students who attend private or home schools and live within the district boundaries may also attend SDMA summer programming.

Please take a few moments to look through this program guide. Our program options are designed to give students the ability to participate in a variety of courses and activities; we truly have something for everyone. Along with the wide variety of programs, we will also be providing breakfast and lunch to all students while summer programs are in session.

Summer Academy registration begins on April 3, 2023 at 12:00 p.m. and runs through Thursday, May 18, 2023 at 4:00 p.m. Registration for summer programming is online through Skyward Student/Family Access. If you do not have access to the internet or a computer, you can can reserve a device at the Administrative Services Center (ASC) starting on Monday, April 3, 2023. Please call the ASC at 715-232-1642 to make your reservation. We look forward to working with everyone and encourage you to come and see what SDMA's 2023 Summer Academy has to offer!

Sincerely,

John Samb Summer Academy Coordinator

#### **SUMMER ACADEMY 2023 DATES & INFORMATION**

#### **Summer Academy Dates**

Session 1: (3 weeks) Monday - Thursday 8:00a.m.-1:00p.m. June 12-15, June 19-22, June 26-29 Session 2: (3 weeks) Monday - Thursday 8:00a.m.- 1:00p.m. July 10-13, July 17-20, July 24-27

THERE WILL BE NO SCHOOL JULY 3rd-7th

#### **Summer Camp Dates**

Art Camp will be held at River Heights Elementary Monday - Friday, from 8:00 a.m. - 1:00 p.m. each day, and is open to students entering grades 1-6. Fine Arts Camp: (1 week) - July 31, August 1, 2, 3, and 4

#### Friday Fun Days

June 16th: Fishing at Knapp Pond | June 23rd: Bikes and Hikes | June 30th: AlfaLawn Farms All fun days will meet at Menomonie High School from 8:30 a.m. - 1:00 p.m.

#### MENOMONIE HIGH SCHOOL OFFERINGS:

(Entering grades 1-12) Sessions 1 and/or 2: Monday through Friday. Students will be choose four class options for each session that will be held at the high school. Class options will be held from 8:00 a.m. to 1:00p.m. Period 1: 8:00-9:00 a.m., Period 2: 9:05-10:0 5a.m., Period 3: 10:10-11:10 a.m., and Period 3: 11:15 a.m.-1:00 p.m.

#### **RIVER HEIGHTS OFFERINGS:**

(Entering grades 4K-grade 5, Big Stars and Little Stars). Students attend for both Sessions 1 & 2; Monday through Thursday from 8:00 a.m.-1:00

#### GENERAL REGISTRATION INFORMATION:

Summer Academy enrollment is open to any child who resides in the School District of Menomonie Area (SDMA) or who has been approved through the Wisconsin Department of Public Instruction (DPI) openenrollment process and who attended the 2022-2023 school year and is eligible for all offerings. There is no fee to participate in summer school for district students.

#### REGISTRATION WILL ONLY BE ACCEPTED ONLINE:

Students should enroll for courses based on the grade they are entering in the Fall of 2023. Registration for all classes is on a first-come, first-serve basis. Online enrollment will begin at Noon on Monday, April 3rd and closes at 4:00p.m. on Thursday, May 18th, and will be completed through Skyward Family Access. You will need your family access username and password to complete your registration. If you have not used family access, please call Morgan Seguin, 715-232-1816 or Marinella Lee 715-232-1642 ext. 11331 to get your family access set-up. Email addresses will be required to complete your online registration process. Here are some FREE options to help set-up a personal email: Gmail.com/Yahoo/Outlook. Registrations will not be accepted by telephone or email. If your child lives within SDMA boundaries and does not attend one of our schools (i.e. homeschooled or parochial) please contact Marinella Lee at 715-232-1642 ext. 11331 to find out how to complete district enrollment papers.

#### ONLINE REGISTRATION DIRECTIONS WILL BE SENT OUT:

Via a Skylert message prior to to enrollment window opening on Monday, April 3rd and will be available on our district website as well.

#### **COMPUTERS:**

Computers will be available at the Administrative Service Center (ASC) during the online registration window if you do not have access to the internet or a computer. Appointments will be required to use a device at the ASC and you can reserve a device and time starting Monday, March 27, 2023 by calling 715-232-1642. Appointments will be scheduled and are available during the online enrollment window.

#### ATTENDANCE:

Daily attendance is important for all classes. Parents should call their summer school office if their child is ill or will not be attendance for planning purposes. All absences will be excused.

> River Heights: 715-232-3987 ext. 62102 High School: 715-232-2606 ext. 41001 or 41002

#### **EARLY PICK-UP:**

If your student is leaving early, please send a note to his/her teacher.

#### HIGH SCHOOL CLASSES:

Menomonie High School courses will be offered during the summer for students entering grades 9-12. Please contact the guidance office at the high school at 715-232-2992 or linda jolicoeur@msd.k12.wi.us for questions regarding high school recovery and online courses.

#### FREE SUMMER FOOD PROGRAM:

FREE meals for ANY person 18 years and younger! See Page 44 for more information.

#### **CLASS CANCELLATIONS:**

A course may be cancelled if there is insufficient enrollment.

#### **COURSE CONFIRMATION:**

Schedules will be sent to confirm class enrollment for all students prior to the start of Summer Academy 2023.

#### **BUS TRANSPORTATION:**

If your child will need bus service to and/or from summer school, preregistration is required by calling Menomonie Transportation at 715-235-4995 between 6:00 a.m. and 5:00 p.m. Bus service continues to be provided at no cost to parents. For each child riding the bus, please complete a bus tag. Bus tags will be sent with schedules to students who attend River Heights only. Bus tags will be available at the Administrative Services Center, 215 Pine Avenue East or on the back cover of this brochure.

#### PARENTAL CHOICE VS CLASS FIT:

Occasionally we have families enroll their child in summer programming without knowing the expectations of the classes and the school setting. In some instances, we may need to work with families to adjust schedules to meet the needs of the student.

#### PARTNERSHIP WITH RECREATION DEPARTMENT:

The School District of Menomonie Area and the Menomonie Recreation Department continue to partner together to offer summer courses for 2023. Courses in partnership are where this icon



### MENOMONIE HIGH SCHOOL COURSE OFFERINGS



#### 2023 SUMMER ACADEMY HOURS

Period 1: 8:00 a.m. - 9:00 a.m. Period 2: 9:05 a.m. - 10:05 a.m. Period 3: 10:10 a.m. - 11:10 a.m. Period 4: 11:15 a.m. - 1:00 p.m.

## **ART**

#### **ART WORKSHOP I**

(Entering Grades 1-3) - Period 2 or 4

#### **ART WORKSHOP II**

(Entering Grades 4-8) - Period 1 or 3

These classes are designed as an enrichment experience for students interested in art. The class will provide an opportunity to go beyond what is available in the regular art program offered during the school year and explore the area of art in-depth. These classes will be age grouped and arranged around specific areas such as sculpture, painting, printmaking, etc.

#### **CRAFTS I**

(Entering Grades 1-3) - Period 2 or 4

#### **CRAFTS II**

(Entering Grades 4-5) - Period 3

#### **CRAFTS III**

(Entering Grades 6-8) - Period 1

This class is designed to bring out the creative genius in all of us! Students will learn to turn recyclables into art, make no-sew crafts, and learn to find art in the most unusual places!

#### **ENVIRONMENTAL ART**

(Entering Grades 3-6) Session 1 ONLY 4-Period Class: 8:00 a.m. - 1:00 p.m. Location: Bjornson Environmental Site

**Maximum Enrollment: 30** 

Students will be inspired by the natural surroundings of the Bjornson Environmental Site to create art. Students will explore mediums of art such as: watercolor painting, weaving, sculpting, and drawing. Students will use graphite pencils to sketch, watercolors to paint, yarn and natural materials to weave, and much more. Students will take walks in nature, observing the scenery, enjoying the great outdoors, and using their artistic side. Students will meet at the high school and will be transported by bus service to and from the environmental site. **Students must wear weather appropriate clothes and tennis shoes.** 

#### **FUN WITH YARN I**

(Entering Grades 1-4) - Period 1 or 3

#### **FUN WITH YARN II**

(Entering Grades 5-9) - Period 2 or 4

Have you ever wanted to use your art skills in a whole new way? Want to learn how to finger knit? What is all the excitement about yard scarves? Do you want to learn how to weave? Come see what it's all about!

#### **MIXED MEDIA I**

(Entering Grades 1-3) - Period 1 or 3

**MIXED MEDIA II** 

(Entering Grades 4-5) - Period 4

#### **MIXED MEDIA III**

(Entering Grades 6-8) - Period 2

This is your chance to make creative 2D and 3D art projects. Students will learn about basic principles of design, methods of layering various art materials, and basic color properties. We'll make painted collages, wire and paper sculptures, found object sculptures and much more!

## **ATHLETICS**

#### **BACKYARD GAMES!**

(Entering Grades 3-8) - Period 1, 2, 3, or 4

Stay active and have fun while learning a variety of backyard games. Practice your sportsmanship and make new friends.

#### **BASEBALL I**

(Entering Grades 1-2) - Period 1

**BASEBALL II** 

(Entering Grades 3-4) - Period 4

**BASEBALL III** 

(Entering Grades 4-5) - Period 2

**BASEBALL IV** 

(Entering Grades 6-8) - Period 3

Students will learn the fundamentals of fielding and hitting in Grades 1-3. They will be taught lessons on the rules and etiquette of the game. In Grades 4-5, students will focus on learning the game of baseball while making it fun. Fielding, hitting, and pitching will be emphasized. At the 6-8 grade level, students will work on situational play and learn the mental aspect of the game.

#### **BASKETBALL I**

(Entering Grades 1-2) - Period 3

**BASKETBALL II** 

(Entering Grades 3-4) - Period 1

This class is open to both boys and girls and is designed to provide instruction on the basic fundamentals of basketball. The class will include correct shooting form, passing, dribbling, defensive skills, and team play.

**BASKETBALL III** 

(Entering Grades 5-6) - Period 4

**BASKETBALL IV** 

(Entering Grades 7-8) - Period 2

This class is open to both girls and boys and is designed to allow students to play more competitively with one another in a team format.



(Entering Grades 1-2) - Period 1 or 3

**DANCE II** 

(Entering Grades 3-5) - Period 2 or 4

This class is an introduction to basic, social dance, and creative movements. All age groups will be introduced to choreography, leaps, turns, and spins. The classes increase in difficulty with each age group. Jazz, funk, pom, and hip hop are included.



(Entering Grades 4-5) - Period 2

**DISC GOLF II** 

(Entering Grades 6-8) - Period 1 or 3

**DISC GOLF III** 

(Entering Grades 9-12) - Period 4

Disc Golf is the fastest growing sport in the world and can be enjoyed by all ages. Instead of using a golf club and golf ball, disc golf users use a flying golf disc to traverse the hole. Disc golf provides upper and lower body conditioning, aerobic exercise and promotes a combination of physical and mental abilities that allow very little risk of physical injury. Whether you throw that first long drive or hit the first tree off the tee, you are sure to have fun!

#### EAT LIKE A CHAMP, PLAY LIKE A CHAMP I

(Entering Grades 1-2) - Period 3

EAT LIKE A CHAMP, PLAY LIKE A CHAMP II (Entering Grades 3-5) - Period 1 or 4

#### EAT LIKE A CHAMP, PLAY LIKE A CHAMP III

(Entering Grades 6-8) - Period 2

This class is designed to teach children how eating the right foods helps in their growth and development as well as their athletic performance. Students will learn about nutrition including food groups, snacks, sports drinks, and portion sizes. Simple snacks will be prepared for participants to sample. Some physical activity including simple exercises will be introduced to help them live a healthy and active life.

## FOOTBALL INSTRUCTION I

(Entering Grades 1-2) - Period 1

This program will work on the basic fundamentals of football such as passing, receiving, kicking, and punting. Participants will be given the chance to practice the skills they have learned while playing relay elementary games.

#### **FOOTBALL INSTRUCTION II**

(Entering Grades 3-5) - Periods 2 or 3

Participants will learn the basic fundamentals of flag football, passing, punting, and kicking. Participants will be given the chance to practice the skills they have learned while playing flag football scrimmages.

#### **FOOTBALL INSTRUCTION III**

(Entering Grades 6-7) - Period 4

Participants will be taught through skills and drills. Participants will play organized 7 on 7 games using the skills they have learned.

## Menomonie School District Summer Academy



#### FUN PHYSICAL ACTIVITIES I

(Entering Grades 1-2) - Period 2 or 4

#### **FUN PHYSICAL ACTIVITIES II**

(Entering Grades 3-5) - Period 1 or 3

Be part of fun physical activities like soccer, t-ball, tumbling, kickball, capture the flag, and whole lot more! Learn individual and team building skills while playing fun games in a positive environment. Develop good habits for staying fit and active. All students must wear tennis shoes, sock, and clothing that allows them to actively participate everyday.



#### PICKLEBALL I

(Entering Grades 4-5) - Period 1 or 4

#### **PICKLEBALL II**

(Entering Grades 6-8) - Period 2

#### PICKLEBALL III

(Entering Grades 9-12) Period 3

Pickleball is a racquet sport similar to badminton and tennis using a paddle whiffle like ball. It is the fasted growing sport in the Midwest with people of all ages participating. Pickleball provides strength and conditioning for your entire body. So whether you are a beginner or an experienced player, come join in on all the fun!



#### RUN FOR FUN

(Entering Grades 9-12) - Period 1

This running program is designed to teach cross-country to high school students. Students will have the opportunity to get in shape, work out with friends, and compete in an organized race. Learn the benefits of of running and how it can be a lifetime sport. Participants must wear comfortable clothing and tennis shoes to each class, and have an interest in running.

#### **SOCCER I**

(Entering Grades 1-2) - Period 1 or 4

#### SOCCER II

(Entering Grades 3-5) - Period 2



(Entering Grades 6-8) - Period 3

The students will develop technical and tactical skills in a fun environment. Everyday emphasis will be on the player being involved in small-sided games.



Small-sided games are games in which there are a reduced number of players playing on each side so that each player gets to touch the ball more often. Both new players and experienced will find the daily experience fun and rewarding. New skills will be developed quickly with encouragement and immediate feedback. Each player will develop more self-confidence, leadership, speed of thought, positive self-motivation, patience, and goal setting

## SWIMMING

(Entering Grades 1-12)

	Period 1:		Period 2:	Period 3:	Period 4:
	8:00	-9:00a.m	9:05-10:05a.m	10:10-11:10a.m	11:15-1:00p.m
Leve	11	1A	1B	1C	1D
Leve	12	2A	2B	2C	2D
Leve	13	3A	3B	3C	3D
Leve	14	4A	4B	4C	4D

Higher levels will be combined with Level 4 if requested. \*Please see page 4 for description of swim levels.



## TENNIS I- BEGINNER

(Entering Grades 3-5) - Period 1

Players will learn the fundamentals of tennis including hand-eye coordination, back and forehand strokes, basic rules of the game, and scoring. They will spend some time playing singles and doubles games. We will focus on fun and sportsmanship.

#### **TENNIS II- BEGINNER**

(Entering Grades 6-12) - Period 2

Players will learn the fundamentals of tennis including hand-eye coordination, back and forehand strokes, basic rules of the game, and scoring. They will spend some time playing singles and doubles games. We will focus on fun and sportsmanship.

#### **TENNIS III- INTERMEDIATE**

(Entering Grades 6-8) - Period 3

Players have been through a fundamental session. Now they will focus on making shot decisions, continue to work back and forehand strokes. We will also work on volleys, drop shots, serves, and overhands. We will continue to focus on sportsmanship and supporting one another.

#### **TENNIS IV-HIGH SCHOOL**

(Entering Grades 8-12) - Period 4

Players should have experience with the MMS tennis team. We will focus on the fundamental strokes, tennis strategy, and point construction. This course will will be more individualized based on players individual strengths. There will be singles and doubles match play. Good sportsmanship and encouraging others is expected.



## TRACK & FIELD

(Entering Grades 6-12) - Period 3

This program will provide instruction for middle school and high school athletes of all abilities. The course will focus on on the basics of track and field, primarily on running events (including 100m-400m), but will also include relays (4x100m & 4x200m), jumping events, (long jump, triple jump, and high jump), throwing events (shot put & discus), and hurdles (100m/110m hurdles). The final capstone event will include a "mini" track meet for all participants. Participants must wear appropriate athletic attire and have running shoes.

## TUMBLING I

(Entering Grades 1-2) - Period 2 or 4

#### **TUMBLING II**

(Entering Grades 3-4) - Period 1

#### **TUMBLING III**

(Entering Grades 5-8) - Period 3

Students enrolled in this course will have the opportunity in the various area of gymnastics including balance beam, vault, uneven parallel bars, and floor exercises. Major emphasis in the class is on individual skill learning, progression of skill development, large motor, and coordination skills. Children will be led thorough a progression of skills advancing at their own ability. Climbing ropes will be used to encourage the development of upper body strength. Leotards and/or sweats are encouraged. Clothing with zippers will not be permitted.

## VOLLEYBALL I

(High School Returning Players: Grades 9-12) - Period 1 This program is open to high school returning volleyball players that want to continue working on perfecting many areas of your game. Individualized instruction on how to improve your serves, serve receives, hitting, blocking, setting, and defense.

#### **VOLLEYBALL II**

(Entering Grades 4-5) - Period 2

This program will provide instruction for all ages and abilities. All aspects of the game will be covered including serving, serve receive, attacking, blocking, and digging. If you enjoy the game of volleyball or just want to try a new sport, this is the program for you! Encouraged for players with little to no volleyball experience. Emphasis will be on establishing proper skills technique, games rules, and beginning play.

#### **VOLLEYBALL III**

(Entering Grades 6-8) - Period 3

Open to players with minimal experience, whether in Spring volleyball or Middle School volleyball. Emphasis will on enhancing skills, competitive game play, and offensive and defensive systems.

#### **VOLLEYBALL IV**

(Entering Grades 8-9) - Period 4

Open to more advanced players with volleyball experience, either in Middle School and/or Spring league. Emphasis on position development, advanced skills, and competitive game play.

## YOGA FOR YOUTH I

(Entering Grades 1-3) - Period 1 or 4

#### YOGA FOR YOUTH II

(Entering Grades 4-5) - Period 2

#### YOGA FOR YOUTH III

(Entering Grades 6-8) - Period 3

Yoga for Youth offers a fun creative approach to yoga that is very beneficial for growing bodies. The use of animated poses and basic stretching exercises promotes strength, coordination, body awareness, and flexibility. Breathing and visualization techniques teach children and teens how to focus, relax, and develop self-control. Kids will improve concentration, stimulate imagination, and release energy in a safe nurturing environment.

## WEIGHT TRAINING

## BOYS

#### **BOYS STRENGTH & SPEED**

Dates: June 7 - July 27, 2023

Time: 6:00-7:30 a.m.

Place: MHS Fieldhouse Weight Room Ages: Entering Grades 10, 11, & 12

This course will run from Monday thru Thursday. It is for those individuals who are serious about improving their <u>athletic</u> performance. Students will continue to to learn proper technique and programming based around the philosophies developed during the school year in Strength Class and Off-Season/In-Season strength training. Students will be trained in <u>Strength</u>, <u>Power</u>, and <u>Speed</u> both linear and lateral. This physically demanding course is geared towards increasing athletic performance.

## Menomonie School District Summer Academy

### GIRLS STRENGTH & SPEED

Dates: June 7 - July 27, 2023 (Monday - Thursday)

Time: 6:30-8:00 a.m.

Place: MHS Fieldhouse Weight Room Ages: Entering Grades 9,10, 11, & 12

This course is for those individuals who are serious about improving their <u>athletic</u> performance. Students will continue to to learn proper technique and programming based around the philosophies developed during the school year in Strength Class and Off-Season/In-Season strength training. Students will be trained in <u>Strength</u>, <u>Power</u>, and <u>Speed</u> both linear and lateral. This physically demanding course is geared towards increasing athletic performance.

#### FRESHMAN STRENGTH & SPEED

Dates: June 7 - July 27, 2023 (Monday - Thursday)

Time: 8:00-9:00 a.m. - Period 1

Place: MHS Fieldhouse Weight Room

Ages: Entering Grade 9

This course is for those individuals who are serious about improving their <u>athletic</u> performance. Students will focus on learning the proper techniques, programming, and terminology they need for Strength Training at the high school level. Students will be trained in <u>Strength</u>, <u>Power</u>, and <u>Speed</u> both linear and lateral. This physically demanding course is geared towards increasing athletic performance.

## 7TH & 8TH GRADE BOYS & GIRLS STRENGTH & SPEED

Date: Session 1: June 12-29, 2023 (Monday - Thursday)

Session 2: July 10-27, 2023

Time: 9:05-10:05 a.m. - Period 2
Place: MHS Fieldhouse Weight Room
Age: Entering Grades 7th & 8th

Students can anticipate 30 minutes of Strength Training and 30 minutes of Speed/Agility Training. We will split groups to make the most comfortable environment possible for everyone. It is for those individuals who are serious about improving their athletic performance. Students will focus on learning the proper techniques, programming, and terminology they need for future strength training opportunities at the Middle and High School Level. Students will be trained in Strength, Power, and Speed both linear and lateral. This physically demanding course is geared towards increasing athletic performance.

## 6TH GRADE BOYS & GIRLS STRENGTH & SPEED

Date: Session 1: June 12-29, 2023

Session 2: July 10-27, 2023
Time: 10:10-11:10 a.m. - Period 3
Place: MHS Fieldhouse Weight Room

Age: Entering Grade 6

Students will participate in 30 minutes of Strength Training and 30 minutes of Speed/Agility Training. We will split groups to make the most comfortable environment for everyone. It is for individuals who are serious about improving their athletic performance. Students will focus on learning the proper techniques, programming, and terminology for the future. Students will be trained in Strength, Power, and Speed both linear and lateral. This physically demanding course is geared towards increasing athletic performance.

## OPEN LIFT

Date: Session 1: June 12-29, 2023

Session 2: July 10-27, 2023

Time: 10:10-11:10 a.m. - Period 3
Place: MHS Fieldhouse Weight Room

Age: Entering Grades 9-12

This course will run Monday thru Thursday. It is for those individuals that are looking for more independent time to strength train. There will be program available for those students that are interested as well as qualified coaches available to help with technique and terminology.

## **WRESTLING**

### JUNIOR GRAPPLERS

(Entering Grades 9-12) - Period 1

This class will teach advanced wrestling skills and will progress the next level of competition after the School Boy Cadet. The program will focus on proper technique, skill building, and lots of practice. It will also introduce them to Freestyle and Greco style of wrestling. Students will be taught the importance of sportsmanship through competition. The sessions will practice wrestling moves from a neutral, top, and bottom position. The main emphasis in this class will be from the neutral position. They will get an appreciation for the sport, learn the techniques, and be able to perform in a competitive nature. Students will improve their personal fitness and muscular strength while learning skills to be a good wrestler. They will have a lot of fun wrestling, playing games, as well as the opportunity to work at setting or achieving goals in this great sport of wrestling.



#### LITTLE GRAPPLERS I

(Entering Grade 1-3) - Period 4

#### LITTLE GRAPPLERS II

(Entering Grades 4-5) - Period 3

This class will teach the basics of wrestling. The program will provide an opportunity to work on skills and proper techniques for the great sport of wrestling. Students will be taught the importance of sportsmanship through one on one competition. The grapplers will practice wrestling moves from the neutral, top, and bottom position. They will get an appreciation for the sport, learn the techniques, and be able to perform in a competitive nature. Students will improve their personal fitness and muscular strength while learning the skills to be a good wrestler. They will have a lot of fun as they practice wrestling and games.



### SCHOOL BOY CADET

(Entering Grades 6-9) - Period 2

The class will teach more advanced wrestling skills and will progress to the next level of competition after the Little Grapplers. The program will focus on the proper technique, skill building, and lots of practice. Students will be taught the importance of Sportsmanship through competition. The Cadets will practice wrestling moves from a neutral, top, and bottom position. They will get an appreciation for the sport, learn the techniques, and be able to perform in a competitive nature. Students will improve their personal fitness and muscular strength while learning the skills to be a good wrestler. They will have al of fun wrestling, playing games, as well as have the opportunity to work at setting or achieving goals in this great sport of wrestling.

## **HUNTER SAFETY 2** WEEK OFFERING



## DNR HUNTER SAFETY- YOUTH

July 10 - July 21, 2023 (Monday - Friday) Date:

9:00 a.m. - 12:00 p.m. Time: Leisure Services Center Place:

\$10.00 (certification fee) paid first day of class Fee: 12-16 years (Recommendation is to turn 12 Ages:

during the calendar year of the class)

Don Heifner & Al Marotz Inst.:

Three hour class. Leads to D.N.R. certification. State Law: It is illegal to posses any kind of firearm for any purpose if you are less than 16 years old unless accompanied by parent of guardian.

However, anyone between 14 and 16 years old who has a hunter education certificate is exempt from this requirement. Person younger than 12 years may not purchase a hunting license and are not allowed to hunt unless accompanied by an adult mentor. Persons born on or after January 1, 1973, must have a hunter safety certificate to purchase any hunting license.

Maximum Class Enrollment: 20

## **FAMILY & CONSUMER EDUCATION**

#### BETTER THAN COLD CEREAL I

(Entering Grades 1-2) - Period 3 or 4

#### **BETTER THAN COLD CEREAL II**

(Entering Grades 3-5) - Period 1 or 2

Are you sick of sweetened cold cereal for breakfast, lunch, or dinner? Join us in making and eating tasty, fast and healthy foods.

#### **DIGGIN' DESERTS I**

(Entering Grades 3-5) - Period 1, 2, or 4

#### **DIGGIN' DESERTS II**

(Entering Grades 6-9) - Period 3

Learn just how easy it is to make an amazing desert from scratch! Come join us this summer for some sweet fun. We will be making all kinds of delicious desserts. You will be creating some delectable delights!

#### **FUN & FRIENDSHIP**

(Entering Grades 1-4) - Period 1, 2, 3, 4

This class is designed to increase the self-esteem of the participants and to teach and encourage cooperation. Activities will provide opportunities to learn and practice skills to foster self-confidence and interaction with others.

#### NO BAKE COOKING I

(Entering Grades 2-3) - Period 3

**NO BAKE COOKING II** 

(Entering Grades 3-4) - Period 4

#### **NO BAKE COOKING III**

(Entering Grades 4-5) - Period 2

#### NO BAKE COOKING IV

(Entering Grades 6-9) - Period 1

Back by popular demand... No Bake Cooking! You don't need a stove or an oven to make easy, fun, tasty, simple treats! Join this class and leave with a recipe book of ideas to keep yourself full all summer long!

## **MATH**

#### **EATING YOUR WAY THROUGH MATH**

(Entering Grades 1-3) - Period 1, 2, 3, 4

Students will listen to a short story related to math. After hearing the story, they will discuss the math concept. The children will do an activity using food. Activities will include making making things such as as pattern necklaces, out of Fruit Loops, making cookies following a recipe, graphing the colors of gumballs, counting and graphing M&M's, and much more. This class is designed to reinforce math concepts in a fun and tasty way.

## FABULOUS FLEXIBLE MATHEMATICS I (REMEDIAL)

(Entering Grades 1-2) - Period 2 or 3

## FABULOUS FLEXIBLE MATHEMATICS! II (REMEDIAL)

(Entering Grades 2-3) - Period 1 or 4

## FABULOUS FLEXIBLE MATHEMATICS! III (REMEDIAL)

(Entering Grades 3-4) - Period 1 or 4

## FABULOUS FLEXIBLE MATHEMATICS! IV (REMEDIAL)

(Entering Grades 5-6) - Period 2 or 3

In this class, you will have so much fun playing games that won't even notice how much your brain is stretching! Dice, cards, and board games are a great way for your brain muscles to become super flexible with numbers. Gaming to discover the relationship between numbers will help you in adding, subtracting, multiplying, and dividing. **Teacher recommendation - Remedial Class** 

#### **GAME ON/BOARD GAMES I**

(Entering Grades 1-2) - Period 4

**GAME ON/BOARD GAMES II** 

(Entering Grades 2-3) - Period 1

**GAME ON/BOARD GAMES III** 

(Entering Grades 3-5) - Period 3

#### **GAME ON/BOARD GAMES IV**

(Entering Grades 5-7) - Period 2

Students will have the opportunity for problem solving using logical and critical thinking skills. This course will also enhance their communication skills as they interact with the hands on games.

#### **MIDDLE SCHOOL MATH REVISITED**

(Entering Grades 7-9) - Period 1, 2, 3, 4

Calling all Middle School students! Feel a bit behind in math or reading,

but want to do something fun this summer? This is the class for you! Sign up to improve your skills. Shock your classroom teachers with the summer skills you learn all while having fun. Come see what we are all about. Students who struggle with English and/or math skills are highly encouraged to enroll in our middle school programming designed to improve students' test scores in all academic areas. Content area teachers may contact students and families individually to encourage participation.

**Teacher Recommendation - Remedial Class** 

#### **MINDSET MATHEMATICS I**

(Entering Grades 3-4) - Period 2 or 4

#### **MINDSET MATHEMATICS II**

(Entering Grades 5-6) - Period 1 or 3

In this class you will actively engage in open, creative, and visible math tasks that emphasize connections and create excitement. You will learn to grapple with challenges through investigation and play while developing mathematical flexibility, grit, and growth mindset.

## **MUSIC**

#### **BEGINNING BAND I**

(Entering Grades 6 or 7) - Period 1

**Session 1: Flute** 

**Session 2: Trombone/Baritone** 

#### **BEGINNING BAND II**

(Entering Grades 6 or 7) - Period 2

Session 1: Clarinet Session 2: Tuba

#### **BEGINNING BAND III**

(Entering Grades 6 or 7) - Period 3

Session 1: Saxophone Session 2: Trumpet

#### **BEGINNING BAND IV**

(Entering Grades 6 or 7) - Period 4

Session 1: Percussion Session 2: French Horn

The class is designed for beginning band students who will be entering 6th grade in the fall of 2023 or incoming 7th graders who wish to begin band. Students who wish to play percussion should be pre-approved by the director. Sign up for summer band class time will be at the Spring Open House. Parents should watch for a letter in the mail from the middle school band teacher for more details and the approved instrument selection. Any questions, please call Ms. Grubbe at the middle school, 715-232-1673 ext.30343.

#### **BEGINNING ORCHESTRA**

Session 1 ONLY (Entering Grade 6)

Bass: Period 1Viola: Period 2Cello: Period 3Violin: Period 4



The purpose of this class is to provide strings music instruction for 6th Grade students registered for Orchestra fall of 2023. The class will cover instrument care, posture, note reading, and other topics that will help student smoothly transition into 6th grade orchestra.

## **READING**

#### **AMERICAN GIRL CLUB**

(Entering Grades 1-6) - Periods 1, 2, 3, 4

Travel through history with the American Girls. We will learn, cook, and craft based upon the historical time and place from which the dolls originated. Bring your favorite doll and experience the cool stories of Kit, Caroline, Josefina, and more! American Girl Dolls are not required.

#### **FUN WITH READING**

(Entering Grades 1-3) - Period 1, 2, 3, 4

Reading Fun with Piggy, Pigeon, & Franklin. Join us as we explore the idea that even critters need good manners. In this class we will read books about social topics that kids will relate to. Get ready to to read, paint, draw, play games, and make lots of fun crafts and activities.

#### MIDDLE SCHOOL READING RECOVERY

(Entering Grades 7-9) - Period 1, 2, 3, 4

Calling all Middle School students! Feel a bit behind in math or reading, but want to do something fun this summer? This is the class for you! Sign up to improve your skills. Shock your classroom teachers with the summer skills you learn all while having fun! Come see what we are all about. Students who struggle with English and/or math skills are highly encouraged to enroll in our Middle School programming designed to improve students' test scores in all academic areas. Content area teachers may contact students and families individually to encourage participation.

**Teacher Recommendation - Remedial Class** 

#### **ONCE UPON A FAIRYTALE I**

(Entering Grades 1-3) - Period 3 or 4

#### **ONCE UPON A FAIRYTALE II**

(Entering Grades 3-5) - Period 1 or 2

Are you ready to enter a world of enchanted forests, princesses, princes, dragons, and much more? You will investigate classic fairy tales such as Three Little Pigs, Goldilocks, The Gingerbread Man, and much more! Experience the excitement of fairy tales coming alive through literature, movies, theatre, arts and crafts, and even cooking!

#### **PLAYING WITH WORDS I**

(Entering Grades 1-2) - Period 2 or 3

**PLAYING WITH WORDS II** 

(Entering Grades 2-3) - Period 1 or 4

PLAYING WITH WORDS III

(Entering Grades 3-4) - Period 2 or 3

PLAYING WITH WORDS IV

(Entering Grades 5-6) - Period 1 or 4

Are you looking for ways to to bolster your word knowledge? Using word study activities, students will explore patterns, learn how words work, and study authors that LOVE words all while increasing confidence in reading and writing.

**Teacher Recommendation - Remedial Class** 



#### **READING EXPLORERS**

(Entering Grades 3-6) - Periods 1, 2, 3, or 4

Students will engage in the study of literature through read aloud, shared reading/writing and artwork creation about topics of interest to students in the class. Student interest will drive the topics of study in the class; for example: Non-Fiction, Fiction, Graphic Novels, Magazines, etc.



## **SCIENCE**

#### HABITAT EXPLORATION I

(Entering Grades 1-3) - Period 1 or 2

#### HABITAT EXPLORATION II

(Entering Grades 4-6) - Period 3 or 4

Explore a world of habitats and see what a world of difference as we travel to each ecosystem (coral reefs and ocean, desert, grasslands, mountain, arctic wetlands, northern forest). Students will learn about plant, animal, and human life. Students will learn science through literature, map, reading, math activities, and solving problems. Get ready for some hands-on art, science, and real-life experiments.

#### **MAD SCIENTISTS I**

(Entering Grades 2-3) - Period 2

#### **MAD SCIENTISTS II**

(Entering Grades 4-5) - Period 1 or 4

#### MAD SCIENTISTS III

(Entering Grades 5-6) Period - 3

Students will come and discover the weird and wacky world of science If you are daring, explore hands-on projects each day, chemical concoctions, yucky biology, and much more. Capture your scientific curiosity with this wonderful class.

#### **PETS AND VETS**

(Entering Grades 1-5) - Period 1, 2, 3, or 4

In this class, students will learn about caring for pets, making a bird feeder, learning about endangered species, and discovering the duties of a vet. Learn animal behavior facts, tricks and tips for grooming, and how to become a responsible pet owner. Develop skills that will help you make a difference in protecting animals and possibly pursuing a career working with animals.

## SPECIAL INTEREST OFFERINGS

#### **BASIC WOOD WORKING**

(Entering Grades 6-12) - Periods 1, 2, 3, or 4

Students will work with an instructor to learn about basic woodworking skills in this two-week course. Students will learn about using simple tools to design and build a small craft project within the class period. No experience necessary. Students will leave the class building a birdhouse, tool box, or other small projects. Limit of 15 students per class.

#### **BEGINNING SPANISH I**

(Entering Grades 1-2) - Period 2

**BEGINNING SPANISH II** 

(Entering Grades 3-4) - Period 3

**BEGINNING SPANISH III** (Entering Grades 5-6) - Period 1

BEGINNING SPANISH IV

(Entering Grades 6-8) - Period 4

This is a beginning Spanish course for all aged students. Students will be introduced to Spanish by learning phrases/numbers and playing games to gain knowledge of Spanish words/phrases/culture.

#### **ELL- ENGLISH FOR BEGINNERS**

(Entering Grades 6-12) - Period 4

Are you new to English within the past 2 years? Are you going to high school next year? How can you earn credits to graduate? Strengthen your English! Practice listening, speaking, reading, writing, grammar, and academic vocabulary in English this summer! Learn effective Study Skills to be successful in high school. You can take FREE ELL classes this summer in June and July to meet your goals.

#### **EXPRESSIVE ARTS**

(Entering Grades 3-6) - Period 1, 2, 3, or 4

Do you enjoy being creative? Students in this class will get to paint, sculpt, craft, and more! Not only will the class give students the opportunity to improve their artistic abilities, it will also offer an opportunity to learn more about emotions and themselves through the expression of art. If you are wanting to learn more about yourself and your artistic abilities, sign up today!

#### **GARDENING FOR BEGINNERS**

(Entering Grades 3-6) - Period 1, 2, 3, or 4

Do you have a green thumb, like to get your hands dirty, enjoy watching things grow and learning about the process of growing? If so, this new course is for you. During this class students will learn about many different aspects of gardening. From differing plants, to pollination to composting. Some projects students may participate in are: seed bombs, decorative garden rocks, bird feeders, and more!



New

Class



#### **KID STRONG I**

(Entering Grades 9-12) - Period 1

#### **KID STRONG II**

(Entering Grades 3-5) - Period 2 or 4

#### **KID STRONG III**

(Entering Grades 6-8) - Period 3

#### **Session 1 ONLY**

This course will be a multi-grade offering which will allow high school leaders to partner with students in grades 3rd-5th and 6th-8th to discuss ways to make a positive difference in our school and community. Students will learn about character traits like: kindness, service, positive communication, problem-solving, accepting differences, and more - all things that will help them develop knowledge, skills, attitudes, and values that will help students lead healthy and fulfilling lives; and contribute to their school/community environment in positive ways. This class will be activity and discussionbased. We will have lessons on different character traits. then will plan activities to practice those traits in the community. For example: participating in Kindness Rocks Project, creating videos for educational use, packing meals for those in need, visiting residents at the local nursing home/senior center, and planning events in our school for the fall - to name a few. Come join us for fun and team-building with a purpose!

#### **MINDFULNESS CLASS**

#### (Entering Grades 1-5) - Period 1, 2, 3, or 4

Students will continue learning about how their brain works and how to manage stressors in their life. By learning how their brains respond to stress, students can learn strategies to quiet their mind and become better at learning information, improving relationships, and recognizing when they need to just breathe.

#### **MAKEY MAKEY**





#### (Entering Grades 4-8) - Period 1, 2, 3, or 4

Makey Makey is a fun-for-all educational stem kit that brings engineering and coding concepts to life in exciting new ways. It's an invention kit designed to connect everyday objects to computer keys. Using a circuit board, alligator clips, and a USB cable this invention explores electrical loops and signals as a way to send actions to the computer. Turn bananas into touchpads! Play games with Play-Doh, and make music with tinfoil!

#### ORIGAMI I

(Entering Grades 3-5) - Period 2 or 4

#### **ORIGAMI II**

(Entering Grades 3-8) - Period 1 or 3

Learn the art of Japanese paper folding. We will make traditional designs like birds, animal shapes, and boxes. We will also make more advanced modular origami, puzzles, and mobiles.

#### **PUZZLE MANIA I**

(Entering Grades 1-4) - Period 2 or 4

#### **PUZZLE MANIA II**

(Entering Grades 3-5) - Period 1 or 3

Puzzle Fun-One piece at a Time! What do you do when you are completing a puzzle? You look for shapes that fit together, match the pieces by color or by image. Your brain stays focused on one single activity - it is hard to think of anything else except the pieces before you and how they fit together. I think that is why puzzling is so calming and relaxing - you are doing an activity that renews and refreshes your brain! Your brain gets happy when you do puzzles. This class immerses your child in a wide variety of puzzles that engage their brain in problem solving and strengthens cognitive and brain memory.

#### THEATRE I

(Entering Grades 1-2) - Period 1

#### THEATER II

(Entering Grades 3-4) - Period 2

#### THEATRE III

(Entering Grades 5-6) - Period 3

#### THEATRE IV

(Entering Grades 7-8) - Period 4

Students will learn about the art of puppetry, engage in creating their own puppets, and eventually put on their own dramatic production using the puppets they created. Come join the creative play of puppetry. Partnered with Arts Integration Menomonie (AIM).

#### **WORLD TRAVELER I**

(Entering Grades 1-5) - Period 1 or 3

#### **WORLD TRAVELER II**

(Entering Grades 5-8) - Period 2

Do you want to explore the world? Join us for a World Traveler! We will "visit" 10 countries from around the world to learn about them. You will have your own "passport" and images to remember out journey. Itinerary: China, Japan, Ethiopia, Somalia, Germany, Sweden, Mexico, Brazil, India, and Australia. Don't forget your suitcase!

# SPECIAL INTEREST OUTDOOR 4-PERIOD OFFERINGS

#### FISHING FOR FUN I

(Entering Grades 3-4) - Session 1 ONLY

#### **FISHING FOR FUN II**

(Enter Grades 5-6) - <u>Session 2 ONLY</u>

Time: 8:00 a.m. - 1:00 p.m. (4 Period Class)

**Maximum Enrollment: 30** 

This class uses the Wisconsin Angler Program Curriculum and is for students who have successfully completed the Wisconsin Junior Angler Program/Fishing is Fun. During this course, students will experience fishing with different live baits, various artificial lures, learn about the fishing identification and anatomy, aquatic ecology, ethics, and regulations. Time will be spent in the class and on the water. Students need to bring their own fishing pole, and U.S. Coast Guard approved life jacket. Basic fishing tackle and bait will be provided.

Students must wear weather appropriate clothes and tennis shoes.

#### **OUTDOOR SCIENCE**

(Entering Grades 3-6)

Time: 8:00 a.m. - 1:00 p.m. (4 Period Class)

Session 2 ONLY

Students will participate in activities in both classroom and and outdoor settings. The sites used for activities will be the High School grounds, Red Cedar Trail, and the School District Environmental Site. Students will have fun exploring and learning about topics such as motion, sound, and air pressure. Water and plants will be studied along with animals, such as birds and insects. Many of the learning activities will involve nature hikes, or hands-on activities. Students will collect and identify rocks and fossils, and observe and identify trees, birds, spiders, and insects. They will also learn about the characteristics of water and air pressure, principles of flight, and orienteering, Conservation and environmental awareness issues will be discussed and integrated throughout the entire course. Students must wear weather appropriate clothes and tennis shoes.

**Maximum Enrollment: 20** 

# HIGH SCHOOL 4 PERIOD OFFERINGS

#### CAREER XPLORATION & LEARN2EARN

(Entering Grades 9-12)

Time: 8:00a.m. - 1:00p.m. (4 Period Class)

Session 1 ONLY

This class is for students with an IEP. Enrollment will be preregistered with the case manager.

Students will explore the world of work and increase their knowledge of career pathways. Career Exploration is a fast track introduction for students to explore six different career sectors. Students will discuss career laddering, review wages, training and job locations for each pathway. Students will participate in hands-on activities and go on tours related to each career!

#### **Career Exploration:**

Career sectors focused on Healthcare, Manufacturing, Customer Service, Information Technology, Customer Service, and Hospitality. Get the knowledge to make an informed career choice. Students will participate in handson activities and go on tours related to each career field.

#### **Job Tours:**

Students assigned up to three accompanied job tours in interested career fields. Job touring is a career exploration activity, designed to increase an individual's awareness of employment options. Takes place in an integrated, community-based work environment and classroom setting.

#### **Learning2Earn:**

This is a great opportunity to learn about local careers, gain a better understanding of life choices and earn a wage working in your community. Explore your interests, talents, and strengths. Learn how to be independent and successful on the job. With emphasis on soft skills, interpersonal skills, time management and responsibility, you will feel confident in your first job.

#### HIGH SCHOOL COURSES

Menomonie High School virtual courses are offered during the summer for students entering grades 9-12. Please contact the High School guidance department 715-232-2606, ext. 40137 to sign up for one of these amazing opportunities!

#### 9TH GRADE ALGEBRA -ONLINE THROUGH WVS

(Entering 9th Grade)

Menomonie High School is offering a summer Algebra I course. If you are planning on pursuing advanced courses in STEM related fields and will need to complete higher levels

of math and science before MHS graduation, this is a great way to start your path. Teacher recommendation is is required for course registration.

#### **AP PHYSICS - ONLINE**

The course is offered to students enrolled in AP Physics for the 2023-2024 school year. This recommended summer project will be online and begin the Advanced Placement Physics curriculum. Students completing the course will earn .25 credits.

#### **AP STATISTICS - ONLINE**

The course is offered to students enrolled in AP Statistics for the 2023-2024 school year. The goal of this course is to review the skills and content related to probability and and statistics learned in Algebra I, Geometry, and Algebra II to help prepare you for the AP Stats class in the Fall. Students completing the course will earn .25 credits.

#### **CERTIFIED NURSING ASSISTANT (CNA)**

#### (Entering Grades 11-12)

CVTC along with Menomonie School District have partnered to offer incoming high school juniors and seniors who are at least 16 years old, and who are interested in pursuing a career in health care, an opportunity to earn high school and college credit through a CNA course. This 120 hour course is a combination of lecture, lab and clinical practice, ethical, and legal considerations. This course is recognized by the Wisconsin Department of Health Services as a nursing assistant training program. A criminal background check is required at the start of the class. Students must complete an application for consideration to take this course through the Counseling Office. Students accepted into this course will obtain dual credit through our CNA Academy and CVTC. Dual credit academies give high school students the chance to navigate their interests and career options to develop the most successful individualized career path. Credits earned through this academy may be applied towards to CVTC's technical degree programs. By completing this course and passing the WI State CNA exam, students will have the credential to work as a Certified Nursing Assistant (CNA).

Applications are taken online only at

#### https://tinyurl.com/yb45n6vn

Applicants will be interviewed and selected by staff based on a prioritized rubric for this session, as seats are limited.

#### **CIVICS - ONLINE**

#### (Entering Grades 11-12)

Civics is designed to give students an understanding of citizenship and prepare them to engage as responsible citizens. Students will learn the rights and responsibilities associated with living in our democracy. The course will foster knowledge of the working of a local, state, and national governments. Students will take the required State Citizenship Test for graduation. The test will be taken onsite and the date will be scheduled by the instructor. Students completing the course will earn .5 credits.

#### **HEALTH - ONLINE**

(Entering Grade 9)

#### **Maximum Enrollment: 50**

The personal, social, and physical needs of health are covered with units in disease prevention, mental health, emotional health, nutrition, human growth and development personal health, alcohol, tobacco, and other drug awareness. Students completing the course will earn .5 credits.

# PERSONAL FINANCIAL MANAGEMENT - ONLINE

#### (Entering Grades 11-12)

Students are prepared for successful management of their personal finances while understanding the responsibility to the broader community. Students will learn the relationship between education, income, career, desired lifestyle, and will develop the planning skills needed to achieve their financial goals. Course concepts are personal money management strategies, including how to plan, develop, use and maintain a personal budget, building and using personal wealth, credit and debit management, financial goals, saving and investing; consumer rights and responsibilities, laws and consumer protection organizations; and risk management including the role of insurance as a critical part of personal financial planning. Students completing the course will earn .5 credits.

#### PERSONAL FITNESS (PE) - ONLINE

(Entering Grades 10, 11, 12) **Maximum Enrollment: 50** 

Online Physical Education allows students to extend their learning of lifetime fitness outside of the school setting. The course promotes a keen understanding of the value of physical fitness and aims to motivate students to participate in physical activities throughout their lives. Specific areas of study will include: Components of Physical Fitness (Cardiovascular endurance, muscular strength and endurance, and Body Composition) goal setting, nutrition, and stress management. Students will use a heart rate monitor (FitBit, Polar, Garmin, etc.) to track their physical activity. Students should expect to engage in moderate to vigorous physical activity for 45 minutes per day on four days of the week in the summer. Students will be required to perform a pre, mid, and post fitness test with their instructor. Instructional Methods/Assessment: Instruction will be delivered through an online environment utilizing readings, videos, and online discussions. Assessments include online discussions, quizzes, research papers, worksheets, journaling, written exam, and daily physical activity. Successful completion of this course will require a parent/legal guardian signoff on student selected physical activities, and on weekly participation reports to verify the student is meeting his or her requirements and responsibilities. By the end of the course, students will have gained the knowledge needed to begin developing healthy habits that will last a lifetime. Students completing the course will earn .5 credits.

# HIGH SCHOOL REMEDIAL COURSES

High School students who have failed one or more required courses for graduation are expected to enroll in a remedial course to make up coursework they failed to complete during the school year. The following will be offered for students who have already participated in one of these classes and received a failing grade.

Parents will be notified by the high school guidance office if their child will need to enroll in these courses.

Physical Science or Biology

English I, II, or III

Intro to Social Studies, Civics, or American History

Algebra I & II, Geometry, or Applied Math

Health



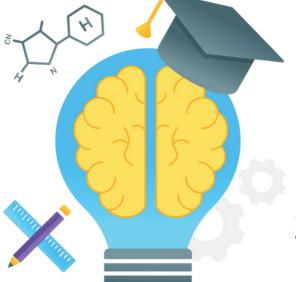
# HIGH SCHOOL/CVTC ACADEMIES EARN DUAL CREDIT

Menomonie High School and Chippewa Valley Technical College are partnering to bring several Dual Credit High School Academies to students in grades 9-12 during this summer session. Students will receive both high school and college credit for successfully completing the academy course(s). To apply, students will need to apply directly on the CVTC Academy website at:

https://tinyurl.com/3ryjz9a4

SDMA Application Deadline: April 1, 2023

Approval will be based on availability of seats and and meeting any requirement for CVTC for the course. If you have any questions, contact Ryan Sterry or Angela Ruchti at 715-232-2992.



#### **ACADEMY COURSES AVAILABLE**

**Business Management Academy** 

**CNA Academy** 

**Drone Academy** 

**Electrical Maintenance Academy** 

**EMT/EMR Academy** 

**General Studies Academy** 

Health Information Technology Career Pathway

**IT Software Development Academy** 

**Residential Construction Academy** 

**Welding Pre-Apprenticeship** 





#### **River Heights Course Offerings**

#### All classes will be from 8:00 a.m.-1:00 p.m. for both Session 1 & 2.

Lunch and Learn will be provided along with the lunch component: Staff and Students will discuss table manners, friendship, and healthy eating habits.

River Heights students will participate in literacy, math, science, and art experiences while also having access to library services and structured physical activities.

#### **FOUR YEAR OLD FUN!**

#### (Age 4 by September 1, 2023)

This "early-start" opportunity is designed for students who are planning to attend 4K in the Fall and/or are a full year away from entering 5 year old Kindergarten. During the school year, the district currently has 4K classrooms located in 8 community based locations. An early school experience be provided for all students. Developmentally appropriate practices will be used to develop early learning skills. The curriculum is play based.

#### **CAMP KINDERGARTEN**

(Age 5 by September 1, 2023) - Entering Kindergarten As students move from a 4K setting to an elementary building, transitions can be hard. Camp Kindergarten gives students a chance to experience a classroom setting with a daily routine. Students work on a calendar; physical movement, carpet time, ABC's, and more. Camp Kindergarten allows students the opportunity to practice basic skills, and transitions as they move into Kindergarten. This steeping stone is important for all students, even those without 4K exposure. This is a focused opportunity for incoming Kindergarten students.

#### **FANTASTIC FIRST GRADERS**

#### (Entering Grade 1)

This class is a great opportunity for children going into first grade to review and expand on the many skills learned in Kindergarten. Reading, writing, and math will be the main emphasis. Current classroom teachers will provide a recommendation for students to enroll in this class.

#### SUPER SECOND GRADERS

#### (Entering Grade 2)

This class is a great opportunity for children going into second grade to review and expand on the many skills learned in First Grade. Reading, writing, and math will be the main emphasis. Current classroom teachers will provide a recommendation for students to enroll in this class.

#### THRILLING THIRD GRADERS

#### (Entering Grade 3)

This class is a great opportunity for children going into third grade to review and expand on the many skills learned in second grade. Reading, writing, and math will be the main emphasis. Current classroom teachers will provide a recommendation for students to enroll in this class.

#### **FABULOUS FOURTH GRADERS**

#### (Entering Grade 4)

This class is a great opportunity for children going into fourth grade to review and expand on the many skills learned in third grade. Reading, writing, and math will be the main emphasis. Current classroom teachers will provide a recommendation for students to enroll in this class.

#### **FEARLESS FIFTH GRADERS**

#### (Entering Grade 5)

This class is a great opportunity for children going into fifth grade to review and expand on the many skills learned in fourth grade. Reading, writing, and math will be the main emphasis. Current classroom teachers will provide a recommendation for students to enroll in this class.

#### **BIG STARS**

(Entering Grades 4-6)

#### LITTLE STARS:

#### (Entering Grades 1-3)

Class will meet Monday-Thursday from 8:00 a.m. - 1:00 p.m. This program has been designed to support children with special needs who require supported learning experiences. Children will have the opportunity to enhance social, physical, and behavioral skills while participating in fun and exciting activities. Limited to 6 participants. Classes are for youth with special needs. Class meets at River Heights Elementary.



# SCHOOL BUS

#### PLEASE CALL 715-235-4995 TO REGISTER

Session 1: Monday through Thursday, June 12th through June 29th Session 2: Monday through Thursday, July 10th through July 27th Every student <u>MUST register by Friday</u>, <u>June 2nd</u> to reserve a seat on the bus.



Register by calling Menomonie Transportation between 6:00 a.m. - 5:00 p.m, <u>Bus Arrival Times:</u> High School 7:30 a.m. & River Heights 7:35 a.m. <u>Bus Departure Times:</u> High School 1:00 p.m. & River Heights 1:10 p.m.

#### WILSON STREET - BUS #10 - Coded PINK

<u>Pick-Up:</u> This bus heads North on Hwy 25 and turns right onto Wilson St., By Cedarbrook Church (7:10). It proceeds along Wilson St. as far as Pine Ave. where the route ends.

**Return:** The bus will follow the route as printed, dropping near Cedarbrook Church about 1:20 and then Wilson Street.

#### LUCAS | KNAPP | MEADOW HILL DRIVE - BUS #25 - Coded RED

<u>Pick-Up:</u> The route begins by following Hwy 29 West to 270th St., turning left on 270th St. and proceeding to 570th Ave. It will take 570th Ave West to the intersection of 220th St. near the former Lucas School (6:50). The bus will then follow 29 West, to Hwy N, to Hwy Q, and over the hill into Knapp, traveling across Knapp Main St. and arriving at Knapp School (7:05). It will depart Knapp on Hwy 12 and proceed to Rudiger Road (390th St.), and then onto Hwy 29. It will turn left onto Meadow Hill Dr. and follow it into town, stopping near the strip mall across from the Library (7:25).

Return: The bus will follow the route as printed above with the exception of starting at Meadow Hill Dr. (1:20); Lucas (1:30), & Knapp (1:50)

LITTLE ELK CREEK | DOWNSVILLE - BUS #48 - Coded WHITE

<u>Pick-Up:</u> The route begins by taking Hwy J towards 570th St. and Little Elk Creek Church at 6:50. It turns right onto 330th Ave., left on Hwy Y, and right on Hwy C, proceeding to Downsville School at 7:05. It returns to Hwy 25, following Hwy 25 towards Menomonie as far as County Rd. D. It will turn left on D, and then right on 440th St. near VisionQuest (7:25). It will continue onto 440th St. and Bongey to MHS.

**Return:** The bus runs the route <u>in reverse</u>. Dropping near Downsville (1:30) and Little Elk Creek (1:45)

#### PARADISE VALLEY ROAD | IRVINGTON | KIDZ ADVENTURE ZONE | BIRCH TERRACE - BUS #28 - Coded GRAY

<u>Pick-Up:</u> The route begins on Brickyard Rd. at 7:00. It proceeds across Hwy 29 onto Midway Rd. passing Dean & Sue's. It turns right onto 410th St. and again onto Hwy 29. It turns right onto Cty. Rd. P at 7:05 and turns left onto 410th St (Paradise Valley Rd). The bus will follow 410th St. all the way into Irvington (7:15) where it will turn left onto Cty. Rd. D. It will follow D West to Hwy 25. It will proceed to Kidz Adventure Zone (7:20) and return to Hwy 25; it may stop at the entrance to Hawk Ridge and then proceed into Birch Terrace Trailer Court (7:25) where it will load near the main office in the center of the court. It will exit the court and merge right onto 5th St. as far as 21st Ave. and then proceed to MHS.

**Return:** The bus runs the route <u>in reverse</u>. Dropping at Birch Terrace (1:15), Kidz Zone (1:20), & Irvington (1:25)

#### NORTH MENOMONIE | CVS - BUS #21 - Coded GREEN

<u>Pick-Up:</u> This bus will begin in North Menomonie at Tainter and Hopwood (7:05) and then merge onto Stout St. It will follow Stout to the intersection with Pine Ave behind Taco John's. It turns down Pine to load near the main baseball diamond in Wakanda Park (7:15). It goes back up to Pine to Broadway and then turns right onto Elm Ave by Jimmy John's, loading at Elm and Kausrud (7:20). It then proceeds across the bridge and turns right onto 4th Ave W (behind Subway) and then left onto 2nd St West stopping near CVS Pharmacy about 7:25.

**Return:** The bus will drop at CVS Pharmacy 1:20, and then run to the route as printed above: Stout St. (1:20), Wakanda Park (1:30), & finally back to Elm and Kausrud (1:35).

#### AIRTEC | PINE POINT ROAD | JAKE'S SUPPER CLUB | HWY 25 NORTH - BUS #41 - Coded BLUE

<u>Pick-Up:</u> The route begins at 6:50 on BB by Airtec. It will cross the Cedar Falls Bridge and turn left (North) onto 540th St. (Pine Point Rd) in Cedar Falls (about 6:55) and proceed to Cty. Rd. G. It will merge onto G, cross the bridge, and stop near Jake's at 7:10. It will proceed West on D and back to Hwy 25, following Hwy 25 to Menomonie.

Return: The bus will follow the route as printed, dropping at Airtec (1:30), 540th St. (1:35), & Jake's (1:50).

#### ROCKING B | RED CEDAR STREET | RUSK | CEDAR FALLS - BUS #46 - Coded ORANGE

<u>Pick-Up:</u> The route begins on Cedar Falls Rd. East of the Fire Dept. at 6:40. It proceeds to Cedar Falls stopping at the old school (6:45). It returns to Cedar Falls Rd. and follows it East to 59th St. (West of Henderson's Excavating). It turns right onto 59th then right onto 650th Ave and follows into Eagle Point - loading at 532nd St. It turns around and proceeds back to 650th Ave crossing Hwy B and continuing East onto Hwy E. It will turn right onto 670th St. and right again onto 629th Ave, passing in front of the Feed Mill (7:00). It exits Rusk by turning left onto Cty. Rd. E and then turning right onto 610th Ave, crossing Exit 45, and onto Stokke Parkway, Domain Dr., and Red Cedar St. (7:15). It then stops by Rocking B Daycare (7:20). From Rocking B it proceeds directly to MHS.

Return: The bus runs the route in reverse: Rocking B (1:20), Red Cedar St. (1:25), Rusk (1:35), & Cedar Falls (1:50).

#### EAST MENOMONIE - BUS #22 - Coded PURPLE

<u>Pick-Up:</u> This bus will start North of 9th St. It will stop near St. Paul's Church & School (9th St. & 12th Ave) at 7:10. It proceeds on 9th St. turning right on Main, and circling the former East school to load on Wilson Ave side at 7:15. It returns to 9th St. and proceeds to Stout Rd., turning left on 13th St., right on 4th Ave, and proceeding past Elmwood Park (7:20). It will turn right on 21st St. and proceed by Oaklawn Elementary and the Middle School (7:25). It will return to 9th St. and right onto 21st Ave picking up as needed as far as Broadway.

**Return:** The bus will depart River Heights and come up to 21st Ave to 9th St. It will then follow the same route as printed above: St. Paul's (1:15), Former East School (1:20), Elmwood Park (1:25), & Oaklawn Area (1:30).

#### MILESTONES | SUNSHINE | TINY TREE | LITTLE SPROUTS - BUS #50 - Coded BROWN

Pick-Up: Milestone's (6:55), Sunshine (7:00), Tiny Tree (7:05), and Little Sprouts (7:20)

**Return:** The bus runs the route as printed above, dropping at the North sites from 1:20-1:30 and East site about 1:45.

For each child, please complete a bus tag printed on the back of this book or available at the Administrative Service Center

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The summer food service program provides FREE breakfast & FREE lunch for ANY person who is 18 years old or younger.

FREE meals will be served from:

Breakfast: 7:30am-8:30am & Lunch: 11:15am-12:30pm

AT:

River Heights Elementary- 615 24th Ave West, Menonomonie, WI

June 12- August 11, 2023

(No Meals July 3-7)

Monday-Friday

-AND-

Menomonie High School- 1715 5th St West, Menomonie, WI

June 12-30 & July 10-27, 2023

Monday- Thursday

Please contact Stacy Nelson with any questions stacy\_nelson@msd.k12.wi.us or (715)232-1642, ext 11064

This Institution is an Equal Opportunity Provider



#### MENOMONIE MUSTANGS BOYS BASKETBALL

#### **BOYS BASKETBALL PLAYERS' ACADEMY**

June 7th-9th (Wednesday, Thursday, and Friday)

Location: Menomonie High School

BB Players Academy I: Grades 8-9: 8:00-9:30 a.m.

BB Players Academy II: Grades 6-7: 9:45-11:00 a.m.

BB Players Academy III: Grades 3-5: 11:15 a.m.-12:30 p.m.

BB Players Academy IV: Grades K-2: 12:45-1:45 p.m.

#### **Sign-up through summer school registration**

The Menomonie High School Boys' Basketball coaching staff will run this skills camp for all boys between Kindergarten - 9th Grade. The focus of the Players' Academy is to help each individual work on fundamental development to create a skill set that will make them a better basketball player. The focus will be placed in the offensive areas of: passing, catching, ball handling, footwork, and shooting. Time will also be spent on motion basketball concepts as well as man-to-man defensive principles. All boys who are serious about Menomonie Mustang Basketball should plan on attending. **Proper basketball attire is required.** 

#### **BOYS BASKETBALL SHOOTERS ACADEMY**

June 12th-14th (Monday, Tuesday, and Wednesday)

Location: Menomonie High School

BB Shooters Academy I: Grades 8-9: 1:00-2:15 p.m.

BB Shooters Academy II: Grades 6-7: 2:30-3:45 p.m.

#### Sign-up through summer school registration

The Menomonie High School Boys' Basketball coaching staff will run this three-day shooting camp for boys entering 6th - 9th Grade. The focus of the Shooters Academy is to teach proper shooting mechanics and footwork to become a scoring threat from all areas on the court. Video analysis of each player's shot will also be used. The ability to shoot the basketball is one of the key skills needed to become an impact player on the court. All boys who are serious about Menomonie Mustang Basketball should plan on attending. **Proper basketball attire is required.** 

## BOYS BASKETBALL SKILLS SESSION AND 3-ON-3 LEAGUE

July: 11, 13, 18, 20, 25, & 27 | **Cost is \$30.00** 

Location: Menomonie High School

Grades 7-9: 1:00-2:00 p.m. | Grades 4-6: 2:00-3:00 p.m.

# To register or for additional questions, contact Coach Riley at mathew\_riley@msd.k12.wi.us.

In addition to the summer basketball camps, the Boy's Basketball coaching staff is offering skill improvement sessions and a 3-on-3 League on Tuesdays and Thursdays throughout the month of July. Each session is an hour and will focus on a fundamental skill of the day followed by 3-on-3 league. There is an additional cost of \$30.00 which will include a t-shirt at the end of the league. Sign up information will be available in late spring prior to the end of the school year.

# MENOMONIE MUSTANGS GIRLS BASKETBALL

#### **GIRLS BASKETBALL SUMMER MINI CAMP**

June 7th-9th (Wednesday, Thursday, and Friday)

Location: Menomonie Middle School

GBB Mini Camp I: Grades 7-9: 8:00-9:15 a.m.

GBB Mini Camp II: Grades 4-6: 9:30-10:30 a.m.

GBB Mini Camp III: Grades K-3: 10:45-11:45 a.m.

(Grade for the 2023-2024 School Year)

#### Sign-up through summer school online registration

The Menomonie High School Girls' Basketball coaching staff with the help of current and past players will run a skills based camp for all girls between Kindergarten - 9th Grade. The focus of the Mini Camp is to help each individual work on their FUNdamentals to create a skill set that will make them a better basketball player. The focus will be placed in offensive areas of passing, catching, ball handling, footwork, and finishing. Time will also be spent on basic flow concepts as well as man to man defensive principles. All girls who are serious about Mustang Girls Basketball should plan on attending. **Proper basketball attire is required.** 

#### GIRLS BASKETBALL SUMMER 3-ON-3 SESSIONS

July: 10, 12, 17, & 19 | **Cost is \$20.00** 

Location: Menomonie High School

Grades 4-9: 1:00-2:30 p.m.

(Grade for the 2023-2024 School Year)

Coach Harmon and the Menomonie Girls Basketball players will are offering a summer 3-on-3 games on Mondays and Wednesdays for two weeks in July. Each session is an hour and a half and will focus on basic flow concepts as well as player to player defensive principles. An emphasis will be placed in the offensive areas of shooting, passing, catching, ball handling, footwork, and finishing. Proper basketball attire is required. There is a cost of \$20.00, which includes a t-shirt at the end of the sessions. (**please follow** 

@MHS\_GBB on twitter for updates). Please complete registration at by going to Menomonie Hoops Club website: https://www.menomonieyouthsports.com/page/show/573220 4-menomonie-hoops-club or Menomonie High School Girls Basketball school webpage. From there you will find the link to allow you to register. For further question, please email Coach Harmon at storm\_harmon@msd.k12.wi.us



# FRIDAY FUN DAYS

The school district is pleased to bring back Friday Fun Days in June 2023. During Summer Academy, students are invited to take part in an adventure in and around our community. Each activity is geared towards an age level and will include educational components.

#### All Friday Fun Days are available for students (Entering grades 1-6)

#### Same day enrollments will not be accepted.

All fun days will be held from 8:30 a.m. - 1:00 p.m. at Menomonie High School, 1715 5th Street West, Menomonie, WI, 54751

Please Note: Parents/Guardians will need to provide transportation to and from Menomonie High School.

Bus service from Menomonie High School to the fun day activities on June 16th and June 30th will be provided.

FREE breakfast and lunch each day. Sign-up for one or more of these exciting activities this summer!



#### June 16th

#### FISHING AT KNAPP POND

Whether you are new to fishing or a seasoned fisherman, come and enjoy a day of fishing at the Knapp Pond. Students will travel to Knapp Pond to spend the morning working with staff on casting, baiting a hook, and hopefully catching fish. Participants must bring a life jacket, fishing pole, and appropriate clothing for outdoor activity. Water bottles and sunscreen are highly recommended.

#### June 23rd

#### **BIKES AND HIKES**

Students spend the morning on their bikes exploring local trails, like the Red Cedar Trail. If you are not interested in biking, no problem. Students can choose to hike and explore local trails. Both groups will have a picnic lunch before heading back to the High School. *Students choosing to bike need to provided their own bike and safety equipment.* 

#### June 30th

#### **ALFALAWN FARMS/STYER FARMS**

Learn all about farming and farm animals during this hands-on working farm experience. You will also have an opportunity to dairy products. Please wear tennis shoes.



#### **SUMMER ART CAMP 2023!**

Art Camp will be held at River Heights Elementary, Monday through Friday from 8:00 a.m. - 1:00 p.m. Free Breakfast and Lunch! Free Busing!

Menomonie School District will be offering families of students entering first grade through sixth grade the opportunity to experience Art Camp this summer!

Register for Art Camp when you register for summer school offerings.

Don't miss out on this exciting opportunity!

#### July 31 - August 4 - Art Camp (Entering Grades 1-6)

Explore the world around you through Art! Area artists will teach you their craft and help you explore your own hidden talents.

#### **ART CAMP BUS SCHEDULE**

Monday, July 31 through Friday, August 4, 2023
Every student <u>MUST</u> register by Wednesday, July, 26th.

Register by calling Menomonie Transportation at 715-235-4995 6:30 a.m. - 2:30 p.m.

BUS ARRIVAL TIME: RIVER HEIGHTS 7:30 a.m. BUS DEPARTURE TIME: RIVER HEIGHTS 1:00 p.m.

#### JAKE'S SUPPER CLUB | CEDAR FALLS | RUSK | RED CEDAR STREET - BUS #46 -Coded ORANGE

Pick-Up: The bus will go North on Hwy 25 turning East on Cty Rd. D and stop at Jake's Supper Club (6:30). It will cross the bridge near Jake's and proceed South along Pine Point Rd. (540th St.) to Cedar Falls School (6:40). It turns left onto Cedar Falls Rd. and follows it to 59th St. (just West of Henderson Excavating). It turns right onto 650th Ave and follows it into Eagle Point - loading at 532nd St. It turns around and proceeds back to 650th Ave crossing Hwy B and continuing East onto Hwy E. It will turn right onto 670th St. and right again onto 629th Ave, passing the Rusk Feed Mill (6:55). It exits Rusk on Cty Rd E turning right onto 610th Ave, crossing Exit 45, and on to Stokke Parkway, Domain Dr., and Red Cedar St. (7:05). The bus will proceed to Rocking B Daycare and then Little Sprouts Daycare (7:10). It will then proceed to 4th Ave North and travel from 21st St. (near the hospital entrance) along 4th Ave (past Elmwood Park) and on to 13th St. It will turn left on 13th St. and proceed to Old East School on Wilson Ave (7:20). It will continue on Wilson past St. Joe's School and turn left on 9th St. proceeding along 9th St. to 21st Ave and onto River Heights.

**Return:** The bus runs the route <u>in reverse</u>: Old East (1:05), Daycares (1:10), Red Cedar St. (1:15), Rusk (1:30), Cedar Falls (1:45), & Jakes (2:00).

#### LUCAS | KNAPP | NORTH MENOMONIE - BUS #21 - Coded GREEN

Pick-Up: The route begins by following Hwy 29 West to 270th St., turning left on 270th St. and proceeding to 570th Ave. It will take 570th Ave West to the intersection of 220th St. near former Lucas School (6:25). The bus will then follow 29 West, right onto Hwy N, right onto Hwy Q, and over the hill into Knapp, traveling across Knapp Main St. and arriving at Knapp School (6:45). It will depart Knapp on Hwy 12 and turn left onto Hwy BB (near Rudiger Rd.). It will cross Hwy 25 near the John Deere Shop and continue onto Wilson St. near Cedar Brook Church (7:05). It will proceed along Wilson St. until it comes to Cedar Falls Rd. It will turn up to Milestones Daycare (7:10) and return to Wilson St. It will pick up at Sunshine Learning Center and circle the block to Tiny Tree Daycare (7:15). Once back on Wilson St. it will proceed to Pine Ave. It turns down Pine to load near the main baseball diamond in Wakanda Park (7:20). It goes back up Pine Ave to Stout St. and turns left, making stops along Stout St. as needed. It then proceeds across the bridge and turns right on 4th Ave West (by Subway) and then left on 2nd St. West stopping near CVS Pharmacy (7:25).

**Return:** The bus will drop at CVS Pharmacy (1:10), and then from there run the route <u>in reverse</u>: Stout St. (1:15), Wakanda Park (1:20), Wilson St. (1:25), Knapp (1:45), and Lucas Area (2:00)

#### LITTLE ELK CREEK | DOWNSVILLE | BIRCH TERRACE - BUS #22 - Coded WHITE

<u>Pick-Up:</u> The route begins by taking Hwy J and 570th St. to Little Elk Creek Church at 6:50. It turns right onto 330th Ave, left on Hwy Y, and right on Hwy C, proceeding to Downsville School at 7:05. It follows Hwy 25 toward Menomonie. It may stop at Kidz Adventure Zone (7:20) before proceeding to Birch Terrace Trailer Court, loading near the main office at 7:25. It will exit the court and merge right onto 5th St. as far as 21st Ave and on to River Heights.

**Return:** The bus runs the route in reverse: Birch Terrace (1:10), Downsville (1:25), & Little Elk Creek (1:40).

For each child, please complete a bus tag printed on the back of this book or available at the Administrative Service Center



# Menomonie Area Meet & Greet Days 2023

#### HIGH SCHOOL 9TH GRADE MEET & GREET/SCHEDULE PICK-UP

**August 14, 2023**- 10:30 a.m. - 5:30 p.m. - Freshman Orientation and 12th grade schedule pick-up **August 15, 2023** - 7:30 a.m. - 2:00 p.m. - Freshman Orientation and 11th grade schedule pick-up **August 16, 2023** - 1:00 p.m. - 7:00 p.m. - Freshman Orientation and 10th grade schedule pick-up

All freshman must plan to attend a 45 minute orientation session on one of these days. During the orientation, students and parents are invited to listen to a short presentation by high school principles, receive their schedules, and pay their fees for the upcoming school year. Parents/families will receive will receive a letter this spring that will provide further information for that day.

#### FRESHMAN FIRST DAY - AUGUST 28. 2023 - 8:00 A.M. - 3:00 P.M.

Incoming 9th grade students will have an orientation day at the high school on Monday, August 28th. All students will spending the day with LINK leaders. The LINK program trains upperclassmen as leaders to help freshman have an outstanding first day of high school. The day starts in the main gym with introductions, fun games, and transitions to smaller groups in classrooms. Freshman learn each other's names and get to know a few juniors and seniors in a small group setting. The freshman get a tour of the school (complete with costumes) and then have lunch. The students go through an abbreviated schedule and the day is complete with an activities fair in the commons.

#### MIDDLE SCHOOL MEET & GREET/SCHEDULE PICK-UP

August 14, 2023 - 3:00 p.m. - 4:00 p.m. OR 6:00 p.m. - 7:00 p.m. August 15, 2023 - 9:00 a.m. - 10:00 a.m.

All incoming 6th graders and new 7th and 8th grade students and their families are asked to pick a date/time to plan on attending a one-hour preview of the middle school. During this session, families will learn about middle school expectations, schedule, and pay fees. Guidance and administrative staff will be on hand during this time to answer any questions or concerns families might have.

#### August 16, 2023 - 8:00a.m. - 4:00p.m.

Students entering 7th and 8th grade may drop by MMS at any time during the hours of operation to get their schedule, find their locker, and pay fees.

#### 6-8 Meet and Greet Day - August 28, 2023 - 7:30a.m. - 3:30p.m.

Students and parents are encouraged to stop by the middle school and pick up their finalized schedule on this day. Plan to spend some time connecting with the pod teachers, putting supplies in your locker, dropping off medications, and paying fees. Staff will be on hand to answer any questions you have regarding your son/daughter's school year. Pictures are also taken during this time.

#### K-5 MEET & GREET DAY - MONDAY, AUGUST 28, 2023 - 8:00 A.M. - 4:00 P.M.

Students and parents are encouraged to spend an hour per child at their school, meeting the teacher, putting away school supplies, and becoming familiar with the building. Forms will be handed out, fees can be paid, medications can be dropped off, and staff will be on hand to answer any questions you may have regarding your son/daughter's school year.

#### K-12 FIRST DAY WITH BUSES - AUGUST 29, 30, 31, 2023

4K sites to begin on Wednesday, August, 30, 2023





## It's never too early to be a Blue Devil.

#### **Overnight Camper Details**

Experience the 'College life' in one of UW-Stout's campus dormitories (linens are provided). All meals are provided on campus with nightly activities. Including video and board games, challenge courses, crafts, movies, and more!

Registration: \$125

#### **Day Camper Details**

Experience college but stay at home. Sunday afternoonactivities, pick -up at 5:00 p.m. Monday-Thursday time is 8:15 a.m. to 4:00 p.m. Registration: Free (Lunch included)



#### Join Us This Summer By **Reserving Your Spot Today!**

Space is limited. To learn more, scan the QR code or visit uwstout.edu/steam



#### Summer STEAM - June 11-15, 2023:

- Video Game Design
- 3D Animation
- Video Production
- Web Design
- 3D Printing
- Digital Storytelling

#### Summer STEAM2 - July 9-13, 2023:

- Interior Design
- · Enameling on Metal
- Furniture Design
- Industrial Design
- Genetics/DNA Analysis

#### Junior STEAM - June 18-22, 2023:

- Quantum Information
- Video Production
- Engineering/Technology
- Photo/Video
- Industrial Design/Product Design
- Interior Design
- Jewelry
- 3D Printing
- Genetics/DNA analysis













**BOYS & GIRLS CLUBS** OF THE GREATER CHIPPEWA VALLEY

Menomonie

June 12th - August 18th **Monday - Friday** Full Days 7:30 am - 6 pm Half Days 1-6 pm

> (Club hours complement the school summer schedule)

\$60/full week, \$35/half day week OR \$15 Full day/daily, \$10 Half day/daily, (plus \$15 Yearly Club membership fee)

















Register at cvclubs.org 715.233.2540







# Summer SAM 2023

We are happy to let you know that we are offering Project SAM (Share A Meal) all summer long! SAM is open to all children ages 3 – 18, through the Stepping Stones of Dunn County Food Pantry. The purpose of this *FREE* program is to provide extra food for children over the weekend when school meals are not available. Each weekend bag will contain enough food for two breakfasts and two lunches. The food will either be ready to eat or will require minimal preparation. Even if your child is not going to be attending summer school or the Boys and Girls Club, completed forms can be returned to the Boys and Girls Club located at River Heights School.

Project SAM bags will be delivered to the following locations below on Thursdays:

#### **Summer School Sessions:**

- Menomonie High School: June 12th-June 29th, July 10th-July 27th
- River Heights: June 12th-June 29th, July 10th- July 27th, July 31st- August 4th
- Boys and Girls Club: June 12th- August 18th

If you want your child to receive SAM during the summer, please complete the form below and return it to their school or to the Boys & Girls Club at River Heights Elementary School.

If you have any questions, please contact Stepping Stones Food Pantry Manager at k.pawlowski@steppingstonesdc, or 715.235.2920, Ext. 202.

(Please be aware that peanut products are often distributed. We are sorry we cannot accommodate children with food allergies at this time.)

(RETURN THIS PORTION TO YOUR CHILD'S TEACHER, KEEP THE TOP PORTION FOR YOUR REFERENCE.)

# Summer SAM 2023 Enrollment Form Child's Name (please print) Age I want to pick up Project SAM bags for my child on Thursdays at: (Choose one) River Heights High School The Boys & Girls Club (River Heights School) Parent/Guardian Signature Phone # Date:

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**Email (if available):** 





# **ENROLL NOW!**

# 4K Program

Four-Year-Old Kindergarten (4K) is open to any child who is 4 years old on or before September 1, 2023, and resides in the School District of the Menomonie Area (SDMA), or who has completed and been approved through the Wisconsin Department of Public Instruction (DPI) open-enrollment process. 4K is offered to all students free of charge.

# Kindergarten

Currently enrolled 4K student families will receive a letter in the mail prior to the fall, regarding the elementary school your child should attend in the Fall of 2023, which is based upon your home address.

If your child will be 5 years old on or before September 1, 2023, and is not currently attending one of our district's 4-year-old kindergarten programs, please enroll your child today at the Administrative Service Center, 215 Pine Avenue E, Menomonie, WI. Kindergarten registration is essential to help us plan for your kindergarten student. School assignments will be determined at a later date. Accurate numbers help the district provide appropriate staffing allocations for programming.

#### ENROLLMENT FOR THE 2023-2024 SCHOOL YEAR IS NOW OPEN

Enrolling 4K – 12<sup>th</sup> Grade

Online at:

www.sdmaonline.com

or pick-up enrollment

paperwork at the

Administrative Service Center 215 Pine Avenue E. Menomonie, WI 54751

For more information call (715) 232-1642

# Current Partnering 4K Community Sites

- Little Sprouts Academy
- · Menomonie Head Start
- Milestones Early Educational Community
- Rocking B Academy
- SDMA 4K at River Heights
- SDMA 4K at Wakanda
- St. Joseph's School
- UW-Stout Child & Family Study Center



#### **FIELD HOUSE**

COMMUNITY ED & RECREATIONAL SERVICES LEARN - PLAY - PARTICIPATE





#### 2023 Offerings

Lap Swim
Aquacise
Lifeguarding Certification
Medicare Classes
Open Weight Room/Cardio Room
Open Recreation Times
Learn to Play Pickleball
Yoga
Private Swim Lessons



Go online for more information http://fh.sdmaonline.com/

#### Citywide Map



Menomonie Recreation Department 1412 6th Street | Menomonie, WI 54751

For more information call 715-232-1664

or to learn of cancellations of programs due to inclement weather, call 715-232-2210 **one hour** before scheduled time.

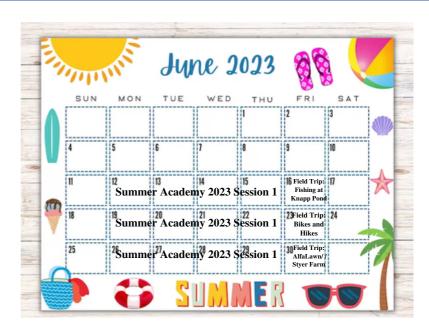
Menomonie School District

Administrative Service Center

215 Pine Avenue East Menomonie, WI 54751

For more information call: 715-232-1642

Name:	
School:	
Parent/Guardian Name/Ei	mergency Phone Number
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Parent/Guardian Name/Emergency Phone Number	
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